







## Wilmington Library Notes

by Christina Stewart

### Improv for job seekers on Monday, April 29

#### Upcoming Events

Registration begins 30 days prior to the event. Please register online using our Calendar of Events at [www.wilmingtonlibrary.org](http://www.wilmingtonlibrary.org) or by calling (978) 694-2099 (for Adult) or (978) 694-2098 (for Youth). Please note we request registration for programs that are marked \*RR. Adult programs are recommended for those 16 years of age and older. Thank you to the Friends of the Library for program funding support!

#### Networkers —

**Improv for Job Seekers**  
Monday, April 29 at 10 a.m.  
A successful job interview requires confidence, thinking on your feet and quickly finding the right words to impress your audience — the same qualities that improv

comedy performers need to demonstrate on stage. In this interactive workshop, you will practice skills needed for successful interviewing and communicating. Led by drama teacher and owner of Drama Out of the Box, Meredith Charles. Get out of your comfort zone and come!

#### The Importance of a Free Press

Monday, April 29 at 7 p.m.  
Dan Kennedy, Associate Professor of Journalism at Northeastern University, regular panelist on WGBH-TV's Beat the Press, and writer of the blog Media Nation, will talk about the importance of the free press in a civilized society and threats that the free press is facing in the U.S. and abroad. Mr. Kennedy will also touch

upon his recently authored book *The Return of the Moguls: How Jeff Bezos and John Henry Are Reinventing Newspapers for the Twenty-First Century*. Copies will be available for sale.

#### Microsoft PowerPoint

Wednesday, May 1 at 7 p.m.  
Join technology librarian, Brad McKenna, for a hands-on exercise with Microsoft PowerPoint. In this class, you will learn how to insert text, apply animations and transitions, insert charts from an Excel workbook, and more. A handout for additional practice will be provided.

#### Pints + Pages Book Group

Thursday, May 2 at 7 p.m.  
Featured Book: *The Lying Game* by Ruth Ware  
Location: Wilmington, TBA

A social book group geared towards readers in their 20's and 30's. The group meets on the first Thursday of every other month. Librarians from the Wilmington and Reading Public Libraries will host the book discussion. Meeting location rotates between Wilmington and Reading — check library website for location.

#### Fiction Critique Group

Saturday, May 4 at 9:15 a.m.  
Love writing fiction? Whether you are drafting a short story or a novel, joining our Critique Group is a great opportunity to meet other writers and get constructive feedback in a supportive environment. When registering, please provide your email address so you can receive an agenda and any prep materials before the meeting. Open to all experience levels writing in all genres. Led by local writing enthusiast, Barbara Alevras.

#### Kids & Teen Events

##### Drop-In Storytime

Friday, April 26 at 10 a.m.  
Drop in for stories, songs, rhymes and a fun craft!

Space is limited. Tickets will be distributed on a first come, first-served basis. Ages 2-5 and one or more adults

#### Escape the Room: Library Stranger Things \*RR

Saturday, April 27, 10 a.m. - 4 p.m.

Don't keep the curiosity door locked! Competing with a team of up to eight people, teens and adults must stretch their problem solving skills and escape the room together before the buzzer sounds, or risk disappearing into the Upside Down. Grades 9-12 & Adults

#### Little Movers \*RR

Monday, April 29 at 10 a.m.  
Let's move! Join us for a morning of singing, dancing, and moving around! Ages 1-2

#### Family Birdhouses \*RR

Wednesday, May 1 at 6:30 p.m.

Kids and the special grown-up in their lives are invited to an evening of painting birdhouses! Each pair will decorate a birdhouse to take home! Grades K-5

#### LEGO Building

Thursday, May 2 at 3:45 p.m.

Build a unique LEGO creation. Kindergarten+

#### Drop-In Storytime

Friday, May 3 at 10 a.m.  
Drop in for stories, songs, rhymes and a fun craft! Space is limited. Tickets will be distributed on a first come, first-served basis. Ages 2-5 and one or more adults

#### Drop-In Baby Times

Saturday, May 4 at 9:30 a.m.  
Babies and their caregivers will enjoy this fun storytime that includes rhymes, songs, books, scarves, shakers, bubbles and more! Infants through 24 months

#### Stories and Sweets

Saturday, May 4 at 10:30 a.m.  
Start your Saturday morning with great stories (and songs and rhymes) and a few sweet treats at this special family storytime. Ages 2-5 and one or more adults.

#### Library News

##### Summer Saturday Hours

We are pleased to announce that beginning this summer the library will be open on Saturdays 9 a.m. - 5 p.m. year round.

Wilmington Minutemen began the weekend with their annual Reenactment of their Birth of Freedom march which began at the Minutemen Monument on a recent Saturday at 2 a.m. Wilmington Minutemen marched with muskets blazing and a drummer playing cadence from the Town Common to the intersection of Rte. 38 and Rte. 62. They crossed the James Micell Bridge stopping for a few moments to pay tribute to the late State Representative. On Sunday night, Captain Frank West, State Representative David Robertson and Private Mike Bodnar (Pictured with "Paul Revere") represented the Wilmington Minutemen at the 244th Lantern Ceremony at the Old North Church in Boston's Historic North End. Wilmington Minutemen are looking for a few new members (men, women and families) who would like to help preserve Wilmington and colonial history. Members do not have to live in Wilmington or have a colonial ancestor. For information, please contact Captain Frank West at [westrewilm@aol.com](mailto:westrewilm@aol.com) or call 978-658-1754.



Minutemen reenact march

#### Book Stew Review

### 'Do This for Me' by Eliza Kennedy

By EILEEN MACDOUGALL

Occasionally, in a novel, a brilliant character will override the handicap of a conventional plot.

Raney Moore is a partner in a big-time New York law firm; scary, strong willed, and self-contained. She's got a great, famous husband from the ultimate "meet cute," twin 15-year old daughters, a big house in the suburbs, a driver... everything. Until a strange man calls and tells her that his wife slept with her husband.

Raney reigns appropriate digital and social media

hell on Aaron and launches into a reluctant redo of her entire life, and a lot of humorously inappropriate behavior follows. I was so entertained by the witty dialogue and found it all to be entirely within the realm of possibility. Great big fun here!

Quotes: 'Can I ask you something?' never precedes a question. It always precedes a judgement."

"If I was all business, I was a humorless robot. If I tried to be playful, I wasn't taken seriously. If I accepted praise, I was cocky. If I demurred, I was weak."

## News and notes from WCTV

By SHAUN NEVILLE  
WCTV Executive Director

This Saturday is election day in Wilmington. If you're still deciding who to vote for, remember to check out the debates at [wctv.org](http://wctv.org). The online videos are marked by topic, so you can click to the issues that are most important to you. We also hosted short conversations with the candidates to hear why they're in the race.

Election results will air live on WCTV (Comcast 9/Verizon 37) on Saturday night starting at 8 p.m.

It's time for WCTV's Annual Survey. We ask questions each year about viewer habits and our role in the community. Please take five minutes to answer a few questions, even if you don't watch very often. There's a link at the top of our homepage at [wctv.org](http://wctv.org). Everyone who completes the survey can enter a drawing for a \$25 gift card.

Last week, our award-winning podcast "Bridging the Digital Divide" went on the road to the Buzzell Senior Center. It was not only a great way to introduce people to podcasting, but was

also an informative group discussion on how seniors and kids view technology. Be sure to check out the video version we shot on location at [wctv.org/vod](http://wctv.org/vod). And if you don't know what a podcast is yet, just click play and close your eyes!

WCTV podcasts are from both staff and members. They post on SoundCloud and are also available through the Podcast App on iPhone or through the WCTV App, available on Apple and Android devices.

This past Wednesday, WCTV hosted an Open House for

residents who are interested in the station and wanted to learn more about membership. While we occasionally have these events listed on our calendar, note that you can contact us any time to arrange a tour or find out how you might get involved at WCTV.

And we have another event coming up. On Monday, April 29 at 7 p.m. we'll be having a control room tutorial. We've got a new video switcher to show off. If you're interested in behind-the-scenes work and learning how the studio shows are put together in the control room, stop by and meet up with Adam Dusenberry. To RSVP or to learn more: email [adam@wctv.org](mailto:adam@wctv.org).

#### New Programs:

- Wildcat Lacrosse: Our Wildcat TV crew covered a doubleheader last week against Triton.
- Wildcat Softball: The girls won against Belmont last week at Town Park.
- Middle School Science Fair: Watch highlights from this annual event put on by Analog Devices.
- Easter Parade: The egg hunt was cancelled on the common. But the Rec Department hosted an Easter Parade inside WHS this year. We were there to collect highlights.
- Board of Selectmen: Monday was the last meeting before the election and included a discussion on Veterans Affairs.
- School Committee: It was also the final School Committee meeting before the election adds a couple new faces to the group.

### It's Your Money

by Todd Brisbois



## TIPS FOR TAXPAYERS WHO HAVE TO AMEND A TAX RETURN

— PART I —

Taxpayers who discover they made mistakes or omissions on their tax return can correct them by filing an amended tax return. Those who need to amend should remember these tips:

**File using paper form.** Use Form 1040X, Amended U.S. Individual Income Tax Return, to correct the tax return. Taxpayers can't file amended returns electronically. They can obtain the form on [IRS.gov/forms](http://IRS.gov/forms). Mail the Form 1040X to the address listed in the form's instructions.

**Amend to correct errors.** File an amended tax return to correct errors or make changes to an original tax return; for example, taxpayers should amend to change their filing status or to correct their income, deductions or credits.

**Don't amend for math errors, missing forms.** Taxpayers generally don't need to file an amended return to correct math errors on their original return. The IRS will automatically correct these items. In addition, taxpayers don't need to file an amended return if they forgot to attach tax forms, such as a Form W-2 or a schedule. The IRS will mail a request to the taxpayer, if needed.

**File within three-year time limit.** Taxpayers usually have three years from the date they filed the original tax return to file Form 1040X to claim a refund. Taxpayers can file it within two years from the date they paid the tax, if that date is later.

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# RE-ELECT KEVIN CAIRA

## *A proven leader for the Wilmington Board of Selectmen*

*Kevin is committed to moving Wilmington forward and to ensuring that our community remains affordable and responsive to the needs of its citizens.*

### ABOUT KEVIN

Born and raised in Wilmington, he and his wife Cheryl (Lumb) reside on Woburn Street with their children Amy and David, graduates of Wilmington High School. Kevin graduated from WHS in 1980 and furthered his education at Boston State College.

Chairman of the Wilmington Board of Selectmen

Member: Tax Increment Finance Committee (Analog Expansion)

Member: Municipal/Legislative Committee to ensure public safety at the North Wilmington Train Crossing

Established the Economic Development Committee

Initiated the Butters Row Bridge Improvement Project

Employed by the City of Amesbury since 2012 as Retirement Administrator

Former administrator, Commonwealth of MA, State Retirement System (21 years)

Vice Chairman of the Yentile Recreational Development Committee and the Nine Cross Street Fundraising Committee

### VOLUNTEER ACTIVITIES

Founding member and Vice President of the Wildcat Athletic Alumni & Friends Association

Coached Wilmington Little League, Senior League and summer baseball program

Basketball coach for Wilmington Recreation Department and initiated new basketball program for high school juniors and seniors

Coached WHS football and softball

Supporter of the Wilmington Band Parents' programs

Member of the Wilmington Knights of Columbus

Member and former Lodge President of the Wilmington Sons of Italy

Past State President and current National President of the Commission for Social Justice, Order Sons of Italy

Instrumental in securing a grant for WHS to reestablish the Italian Language Program

### AN EFFECTIVE VOICE FOR ALL OF WILMINGTON

- ✓ **KEVIN CAIRA** has worked hard to prioritize spending and protect your hard earned tax dollars.
- ✓ **KEVIN CAIRA** has supported the town's efforts to build strong financial reserves to meet critical public safety and infrastructure needs.
- ✓ **KEVIN CAIRA** has worked to protect the environment, vigorously opposing the intrusive Transrail and pipeline proposals.
- ✓ **KEVIN CAIRA** initiated and supported traffic improvement projects for the Butters Row Bridge, Woburn Street/Lowell Street intersection, and the Route 38 corridor.
- ✓ **KEVIN CAIRA** has promoted housing needs that are responsive to all Wilmington residents.
- ✓ **KEVIN CAIRA** has focused on delivering services to senior citizens to ensure the quality of life that they deserve.
- ✓ **KEVIN CAIRA** will continue to collaborate with the School Department to ensure a 21st century education for every Wilmington student.
- ✓ **KEVIN CAIRA** supported the establishment of Wilmington's first-ever Substance Abuse Coordinator.

On **Saturday, April 27, 2019** please cast *one* of your *two* votes for **Kevin Cairra**, a qualified professional with over three decades of volunteer service to Wilmington and its residents.

**Polls open 8am-8pm** | For a ride to the polls call: (978) 604-6437

Paid for by the Committee to Elect Kevin Cairra



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## Tewksbury man charged with illegal possession of a firearm, improper storage

EVERETT — Middlesex District Attorney Marian Ryan and Everett Chief of Police Steven Mazzeo have announced that three men were arraigned this week following a Friday night raid on a clubhouse affiliated with the Pagan Motorcycle Club.

On Friday, April 19, at approximately 10:15 p.m. the Middlesex State Police Detective Unit assigned to the Middlesex District Attorney's Office and the Massachusetts State Police Special Tactical Operations (STOP) Team executed a search warrant at an alleged Pagan Motorcycle Clubhouse located on Orient Avenue, Everett.

Upon entry into the clubhouse, officers allegedly identified approximately 12 Pagan Motorcycle Club members wearing their club affiliation patches and insignia and multiple other occupants in the clubhouse. A subsequent search of the clubhouse revealed an illegal cash bar and four illegally possessed semi-automatic handguns with loaded magazines as well as a separate magazine containing ammunition.

James Snow, 28, of Tewksbury, was arrested and charged with two counts of illegal possession of a firearm, illegal possession of a large capacity feeding device, two counts of illegal possession of ammunition and two counts of improper storage of a firearm. Judge Jane D. Prince set bail at \$1,000 on this case and then ordered bail revoked on an open firearms case out of Lowell District Court.

Jeff Wentworth, 47, of Gilmanton Iron Works, New Hampshire, was arrested and charged with illegal possession of a firearm, illegal possession of ammunition and improper storage of a firearm. Judge Jane D. Prince ordered the defendant released on \$500 bail.

Wentworth and Snow are next scheduled to appear in court on May 21.

Marcus Basiliere, 26, of Derry, New Hampshire, was arrested on an open warrant out of New Hampshire for Larceny. Basiliere was arraigned in Malden District Court as a fugitive from justice. Judge Jane D. Prince ordered the defendant held without bail pending extradition. His next court date is May 1.

This investigation remains ongoing.



## Letters to the editor

## Vote yes at Town Meeting for new elementary school

To the voters of Tewksbury:

With the town election in the rearview mirror, I want to THANK the voters for supporting the elementary school building project at the ballot by an overwhelming margin of 2 to 1.

The residents of Tewksbury now have a tremendous responsibility to exercise their right to vote again on this project at Town Meeting, on Monday, May 6, 2019 at Tewksbury High School at 7:30 p.m.

The question we each must ask ourselves is simple: "Is this the time to address our elementary school building needs, strengthen the educational landscape for our children and do so when the financial picture is best for us as taxpayers?"

Personally, I will stand in support of this article to construct an educational complex, which will enhance the educational opportunities for our students. The timing is 100 percent in our financial best interests as taxpayers. This is why. The Massachusetts School Building Authority (MSBA) is supporting this project with 58.7 percent of the reimbursable cost. This equates to a \$32.7

million grant in support of this project.

This is a position that many communities would love to be in. If we do not vote in support of this project at the May 6 Town Meeting, Tewksbury loses the MSBA grant support and the funds will go to another community's school project. It will take many years to climb back up to where we are today, and our schools need attention now.

Some have concerns about the costs, which exist no matter which way we turn. However, the cost of letting this \$32.7 million grant slip away, in my opinion, is one we cannot afford.

Ultimately, the choice belongs to all of us. Even if your views are different than mine, this is an opportunity not to be missed. Each voter in Tewksbury must stand and be heard. Please join me on Monday, May 6 at 7:30 p.m. at Tewksbury High School to share your voice on this important issue.

Sincerely,  
Dennis Francis  
Chairman of the  
Elementary School  
Building Committee,  
Tewksbury

## Want your opinion heard?

We LOVE your letters!

Send Letters to the Editor to:

**office@yourtowncrier.com.**

All submissions must be accompanied by full name, address, and daytime contact information for verification purposes.

Letters must be e-mailed by noon on Monday in order for consideration the same week's edition.

## Asking advice is common sense and can bring results

By PAUL J. ANDREWS  
andrews@massupt.org  
Mass. Ass'n. of School  
Superintendents  
Chairman of the Board of  
Winchester Hospital

I am not sure that this will be the most profound column but I have found the comments that I will make and quote have worked for me and can be of assistance to the majority of our young and not so young people plus our senior folks.

As a very basic example, I have still found that in traveling to a location that is unknown to me, I still feel most comfortable in stopping to ask local directions. While I fully understand that the device in my pocket can do the same thing and maybe be more accurate, asking advice for me has been instinctive. On the other side, I have been asked advice by hundreds over my life time and always eager to provide that advice.

Today, I sense a lack of asking advice on crucial issues over and above directions on the road, when all too often paths that lead nowhere are taken to a bad conclusion. While I understand some folks are just not made to seek advice, I feel many do not understand the merit to this process.

### Types of questions

Dan Rockwell, who I have quoted before, lists a series

of questions as examples that I would say are "smart questions" in a recent article including the following: what do you suggest I do before I make this decision; what problems and opportunities do you see with this course of action; if you were facing this challenge, what would you do; who might be able to give me advice about this situation; what options do you see; what's important in this situation and what's the best outcome of this challenge, from your point of view.

First, I would say these are "smart questions" because they imply the person you ask them to is one you feel would know some answers to these questions and who you would consider a valuable source of information for you. Certainly, there is no reason to ask really serious questions such as these to someone you have no real confidence.

### How do I know who to ask?

Good question but hard to answer as it depends on the topic. If the issue is on the choice of college, check both students now in college or recent graduates plus guidance staff in schools who you respect. If the question is on a career, try to locate someone you know in that business and industry who you respect would be honest in their

answers or (as is often the case) arrange for you to meet with someone who knows more than they do. Certainly technology is great these days to give you generic thoughts of most career decisions.

The big question today seems to be do I strive to enter college or seek employment right out of high school. I have often felt college was the way to go but a conversation I had this week with a MAJOR international business leader made me stop and think. He said that his company was not looking for college graduates but take students right out of high school after graduation and train them to meet the objectives of their company. In fact, he added to my surprise, they are not the only international company doing that.

### Health related questions

Here is another area where the questions above could be applied in seeking medical advice. First, the worst situation is "not to seek advice" on a serious health concern with primary care physicians the first choice for those who have medical plans or walk-in clinics that are spread around Eastern Massachusetts or emergency rooms of our hospitals. Yes, most have a pattern of what to do but the questions in the top of this article can be applied to them as well. There

is nothing wrong for you to take down advice in any of the above cases on paper or today on an iPad. You cannot remember everything, plus ask the question in terms of their medical recommendation for assistance either the doctor, agency or hospital.

JUST A NOTE: I have often been the recipient of these types of calls and know how important each one is to the person seeking the advice and hope the questions I have provided make this path easier.

Morning Pulse reports include the following: how prescribing healthy food could save billions of dollars in health care costs; Microsoft claimed a security breach didn't compromise e-mail messages; one of three MBTA retirees last year was under 55, putting another strain on the pension fund; can the occasional "nudge" make you better at your job; cybersecurity still key issue for record keepers; Wall Street rolls the dice with leveraged loans and your 401 (k), New Zealand's state pension system fund to sell off stakes in gunmakers; shame, sadness in UK as Brexit reveals Parliament's flaws and Europe putting venture capital back in the game.

Thanks for taking your available time in reading this column and feel free to e-mail me at [andrews@massupt.org](mailto:andrews@massupt.org)

## Congressman Seth Moulton joins 2020 presidential race

By STEVE LeBLANC  
Associated Press

BOSTON (AP) — U.S. Rep. Seth Moulton is the latest Democrat to jump in the race for the White House.

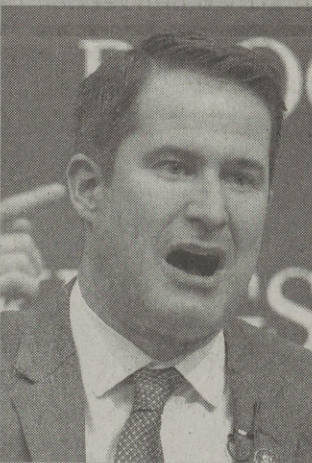
The Massachusetts lawmaker and Iraq War veteran made the announcement Monday.

"I'm here to tell you and to tell America that I'm running for president of the United States," Moulton said on ABC's "Good Morning America."

Moulton said he wanted to run a presidential campaign that would "bring this country back together," talking "about patriotism, about security, about service."

"These are issues that for too long Democrats have ceded to Republicans," he said.

Moulton first came to prominence in 2014 when he unseated long-term incumbent Rep. John Tierney in a Democratic primary and went on to represent the state's 6th Congressional District, a swath of communities north of Boston in-



MOULTON

cluding Salem, home of the infamous colonial-era witch trials.

Speculation about a possible Moulton run has been simmering as far back as 2017 when he spoke at a Democratic political rally in Iowa, home of the first-the-nation presidential caucuses. At the time, he brushed aside talk of a presidential run.

Talk of possible run ramped up during last year's election when the former U.S. Marine helped lead an effort to get other Democratic military veterans to

run for Congress — a cause he continues to push.

"16 years ago today, leaders in Washington sent me and my friends to fight in a war based on lies. It's still going on today," Moulton said in a recent tweet. "It's time for the generation that fought in Iraq to take over for the generation that sent us there."

The 40-year-old Moulton also gained national attention for helping lead an effort within the party to reject Nancy Pelosi as House speaker after Democrats regained control of the chamber. Moulton said it was time for new leadership.

Moulton has also been a frequent critic of President Donald Trump — from foreign policy, including Trump's recent veto of a resolution to end U.S. military assistance in Saudi Arabia's war in Yemen, to his push for a wall at the southern border.

And when Trump claimed to be the target of the "single greatest witch hunt of a politician in American history," Moulton responded

that "as the Representative of Salem, MA, I can confirm that this is false."

Despite occasionally differing with some on the most liberal wing of the party, Moulton has staked out familiar policy positions for those seeking the Democratic presidential nomination.

He's called health care "a right every American must be guaranteed," pushed to toughen gun laws, was a co-sponsor of the Green New Deal, has championed a federal "Green Corps" modeled after the Civilian Conservation Corps of the 1930s, and has called for an end to the Electoral College.

Money could prove a challenge to Moulton, who has raised \$255,000 so far this year and had about \$723,000 in his campaign account as of the end of March.

Moulton is now the third political figure from Massachusetts to take a stab at a White House run. U.S. Sen. Elizabeth Warren — a Democrat — and former Massachusetts Gov. William Weld — a Republican — are also running.

## Wilmington 'Good Guy' chosen, will be honored

To the editor,  
The Wilmington Good Guy Committee has selected this year's inductee as the 2019 Wilmington Good Guy. This individual will be honored by the community, family and friends on Friday, May 10 at the Wilmington Knights of Columbus.

This individual is recognized by so many people in town who appreciate their involvement in charitable activities and their willingness to help others in need.

The committee thanks all who sent nomination letters for all of the candidates

so much for this town and whom are equally well-deserving.

Wondering who this year's winner is? It is still a secret to that person, or at least we hope it is. Tickets for the dinner, "roast," and accolades are available from members of the Good Guy Committee, or they can be obtained from 2018 Good Guy, Dianna DiGregorio, by email at [dianadigregorio@gmail.com](mailto:dianadigregorio@gmail.com). Tickets are \$30 per person.

Doors open for cocktails at 6:30 p.m. and the dinner and festivities start at 7:30 p.m. We hope to see you there!

Thank You,  
Wilmington Good Guy  
Committee

## Town Crier

Tewksbury - Wilmington

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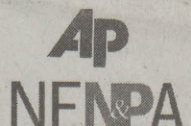
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# RE-ELECT GREG BENDEL

## to the Wilmington Board of Selectmen

Saturday, April 27th 8:00am-8:00pm

### About Greg Bendel:

- Grew up in Wilmington, attended public schools & Shawsheen Tech
- Earned a Bachelor's degree from UMass Lowell
- Earned a Master's degree from Salem State University
- 11<sup>th</sup> year as a full-time teacher at Shawsheen Tech High School
- 15<sup>th</sup> year as a basketball coach at Shawsheen Tech High School
- Married Andrea DiPasquale at St. Thomas Church in July of 2015
- Proud father of Charlotte (2 years old) and Grace (7 months old)

### Greg Bendel's volunteer work:

- Knights of Columbus member
- Local Heroes volunteer
- Relay for Life volunteer
- Brady Foundation volunteer
- Rotary Club volunteer
- Shawsheen Tech Alumni Committee
- Wilmington 4.0 Committee 2011
- Wilmington Housing Authority 2011-2014
- Wilmington Board of Selectmen 2016-Present
- Wilmington Superintendent Screening Committee 2018
- Wilmington Economic Development Committee 2019

### Greg Bendel has been a strong advocate for:

- Conservative budgeting
- Properly funding our school system
- Supporting and funding our Police & Fire Departments
- Improving our roads and bridges
- Economic Development
- Seniors and Veterans
- Creation of the Town's Substance Abuse coordinator position

For more information please visit [gregbendel.com](http://gregbendel.com)

Be sure to cast one of your TWO votes for a three-year seat on the Board of Selectmen.

Paid for by the Gregory B Bendel Campaign Fund



GREG ★ ★ ★ ★ ★  
**BENDEL**  
**SELECTMAN**

**Vote Saturday**  
**April 27<sup>th</sup>**



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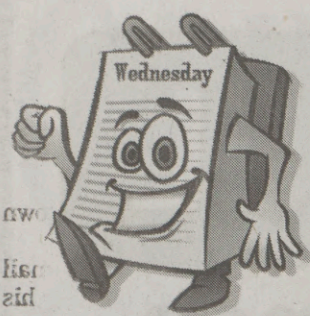
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# Community Calendar

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## Wilmington Calendar:

### Several Lazarus House events in summer and fall

**Ipswich River Community Chorus Concert**  
May 4 at 7:30 p.m. and May 5 at 4 p.m.

235 Park St. in North Reading. Join the Ipswich River Community Chorus as they explore the many sides of music! Contemporary pieces like Queen's We Will Rock You, Another One Bites the Dust, and Bohemian Rhapsody will have you stomping your feet and clapping your hands. Keep the energy moving with Elton John's I'm Still Standing. They'll slow it down with some 60's favorites like Puff, the Magic Dragon, Scarborough Fair and Eleanor Rigby. Rounding out the performance will be classical choral pieces as well as a few new arrangements that will challenge both the singers and the audience! For tickets, email [IpswichRiverCommunityChorus@gmail.com](mailto:IpswichRiverCommunityChorus@gmail.com) or call Beth @ 978-664-3275. General admission is \$20, \$15 for seniors, or free for children.

#### Lazarus House Drive for Dignity Golf Tournament

Monday, July 15  
The Lazarus House's Drive for Dignity golf tournament has earned the reputation as the best charity tournament North of Boston. They are honored to have Tuscan Brands as their premier

sponsor. Enjoy excellent golf at the Andover Country club, spectacular culinary experiences, as well as select raffles and auctions to benefit those struggling with poverty and homelessness. To register, visit [lazarushouse.org/golf-tournament](http://lazarushouse.org/golf-tournament).

#### Habitat for Humanity Red Sox Night

Wednesday, September 4 at 7:10 p.m.

Fenway Park in Boston. Habitat for Humanity of Greater Lowell is hosting a Red Sox Night again! Invite all your friends, family, and neighbors to join them to watch the Red Sox play the Minnesota Twins. At just \$30 per ticket, this fundraiser is a great way to enjoy a night at Fenway while supporting the construction of affordable homes and critical home repairs for deserving families in Northern Middlesex County. Order tickets by mail with the order form downloadable at [bit.ly/homerun4habitat](http://bit.ly/homerun4habitat), or order tickets online with a credit card at [bit.ly/homerun4habitat](http://bit.ly/homerun4habitat). For more information, contact Heidi Tierney at [htierney@lowellhabitat.org](mailto:htierney@lowellhabitat.org) or 978-596-0619.

#### Lazarus House Hike for Hope

Sunday, Sept. 29

Each year hundreds of families, faith groups, sports team, and business sponsors take to the streets of Andover and hike for hope. The Lazarus House's walkers walk because it feels good to be among people in the community who care about people in dire need. Many of their participants who walk encourage others to either walk with them or support them as they hike for hope. For details, visit [events@lazarushouse.org](http://events@lazarushouse.org).

#### Lazarus House Sharing Our Bounty Gala

Saturday, Nov. 16

Sharing Our Bounty is about celebrating the life-changing achievements that you have made possible in the lives of the Lazarus House's guests. This has become Merrimack Valley's most highly regarded and anticipated charity event of the year. A not to be missed memorable evening. For details, visit [events@lazarushouse.org](http://events@lazarushouse.org).

#### Alateen

The first and third Thursday of each month

St Williams Church (middle brick building), 1351 Main Street in Tewksbury

When there is evidence of alcoholism or drug use in a family, you can see the ef-

fects on the other family members, especially young people. Alateen meetings provide mutual support for young people affected by someone else's drinking and drug use. Come speak with teens who know exactly how you feel. The meetings are confidential and a safe place to share experiences, strength, and hope with each other; discuss difficulties; learn effective ways to cope with problems; encourage one another; help each other understand the principles of the Al-Anon program; and learn how to use the Twelve Steps and Alateen's Twelve Traditions. For more information on the Tewksbury meeting, call Maria Ruggiero at 978-851-7373 X352. For more information on Al-Anon/Alateen, call 508-366-0556 or visit [al-anon.alateen.org/for-alateen](http://al-anon.alateen.org/for-alateen).

#### Safety seat installation

Every Wednesday from 10 a.m. - 2 p.m.

Public Safety Building, 1 Adelaide Street

The Wilmington Police Department offers safety seat installs at the Wilmington Public Safety Building (1 Adelaide St.) every Wednesday, 10 a.m.-2 p.m. No appointment is necessary but calling ahead at 978-658-5071 is recommended.

## Tewksbury Calendar:

### Town Clean Up Day on Saturday, May 4

**Tewksbury Town Clean Up**  
Saturday, May 4 from 9 a.m. - 2 p.m.

Tewksbury Town Common. Join other volunteers as they clean up the streets, parks and waterways in town. Special projects are listed at [bit.ly/2uZ359o](http://bit.ly/2uZ359o), or you can email [clean.up.tewksbury@gmail.com](mailto:clean.up.tewksbury@gmail.com) to help! Help the Tewksbury Beautification Committee and Open Space and Recreation Committee inventory the trash this year!

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**Tewksbury Town Meeting**  
Monday May 6 at 7:30 p.m.

School

#### Tewksbury Special Town Meeting

Wednesday May 8 at 7 p.m.  
Tewksbury Memorial High School

#### Lazarus House Drive for Dignity Golf Tournament

Monday, July 15

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#### iNaturalist City Challenge

Tewksbury, April 26-29, 2019. Download the app for free and make observations about plant and animal life in Tewksbury. Join the Open Space and Recreation Committee [www.tewksbury-ma.gov/open-space-and-recreation-committee](http://www.tewksbury-ma.gov/open-space-and-recreation-committee)

#### Beyond Plastic Bags: Reduce Reuse Recycle for a Better Planet

Wednesday, May 17 - 8:30 p.m., Tewksbury Public Library. Join MassDEP to learn how to the recycling process works and how to cut down on waste.

#### Godspell the Musical, TMHS

April 25-27, 2019. Tickets available at the door.

## Puzzle Corner

### SUDOKU

DIFFICULTY RATING: ★★★★★

8		5						1
		6	5	7	9			
				8		5		7
	3		4	2				
		4		1		6		
				9	5		8	
2		1		3				
			1	4	8	9		
9						7		4

4/25

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**HOW TO PLAY:**  
Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

7	1	2	3	9	9	8	6
2	8	6	8	7	1	2	9
9	9	8	2	8	6	1	7
8	8	7	9	6	2	9	1
9	2	9	8	1	8	7	6
6	2	1	9	2	7	8	9
2	9	9	1	8	8	6	7
8	7	2	6	2	9	9	8
1	6	8	7	9	2	9	2

NOIHTOS

## Today's CROSSWORD

### ACROSS

- 1 Combines
- 5 Change hair color
- 8 Kenya's loc.
- 11 Kind of rug
- 12 Steiger and Stewart
- 14 Land parcel
- 15 Easy victory
- 16 Dodge of old
- 17 Before, in combos
- 18 Second-year students
- 20 Island welcomes
- 22 Aurora, to Socrates
- 23 Auction site
- 24 Magna cum
- 27 Stripe
- 29 Mork's planet
- 30 Old photographs
- 34 Not merited
- 37 Brazilian port
- 38 Tantrums

### DOWN

- 39 Rugged
- 41 Hot — oven
- 43 Journalist's question
- 44 Thin
- 46 Wrap-up
- 49 40-cup brewer
- 50 Sonic bounce
- 52 Norwegian monarch
- 54 Unburdened
- 55 Darn!
- 56 Mr. Harbach
- 57 Windy City trains
- 58 Exploit
- 59 Face part

4-24

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## Tewksbury voter registration session

TEWKSBURY — A voter registration session has been scheduled for Friday, April 26, 2019 from 7:30 a.m. to 8 p.m. at the Town Clerk's Office, Town Hall 1009 Main St.

Denise Graffeo, Town Clerk, informs residents who have not registered to vote, this is the final day to be eligible to vote at the Special Town Meeting on Wednesday, May 8.

Residents may also register to vote during regular Town Clerk office hours, Monday - Friday 7:30 a.m. to 4:30 p.m.

In order to be eligible to vote at the annual Town Meeting on Monday, May 6 and 8, you must have registered by March 15, 2019. If you wish to verify your voter

registration status, please phone the Office of the Town Clerk at 978-640-4355.

### CHECK YOUR VOTER REGISTRATION STATUS

Persons who are United States Citizens, residents of Tewksbury, and who will be at least 18 years old on or before May 8, 2019 are eligible to register. Those meeting these qualifications who have a Massachusetts Driver's License can submit their registration online at [www.RegisterToVoteMA.com](http://www.RegisterToVoteMA.com). Those registering by mail should have their form hand-canceled to ensure it is postmarked before the deadline.

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## History:

# Wilmington's first RFD mail carrier started in 1906

By LARZ F. NEILSON

Rural Free Delivery was only 10 years old when the North Wilmington Post Office hired its first RFD carrier in 1906.

Prior to 1896, people living in rural areas, 65 percent of the U.S. population, had to go to the post office to pick up mail. There was delivery only in cities.

Congress authorized Rural Free Delivery in 1893, and the first delivery routes were established three years later in West Virginia. By 1905, there were 32,000 RFD routes.

Herb Foskett, Wilmington's first RFD carrier, delivered mail in a wagon drawn by two frisky horses. His route included most of North Wilmington. Foskett lived in the

oldest house in North Wilmington, the 1685 Tweed-Manning house on Ballardvale Street.

The North Wilmington post office at that time was in the railroad station.

Foskett was a printer, with a shop right at his house. There are some town booklets still in existence giving his name as the printer.

Foskett continued the deliveries for only a year. His horses were quite spirited, and one road in particular gave him a problem. It ran out to Wilmington Junction from Ballardvale Street, almost opposite his home. His problem was that the low branches along that road kept hitting him in the face. There were a half-dozen families living at the Junction, where the Salem & Lowell Railroad crossed the Portland Division of the Boston & Maine.

Like all roads in Wilmington at the time, Ballardvale Street was just a dirt road. It ran for 2.7 miles from Salem

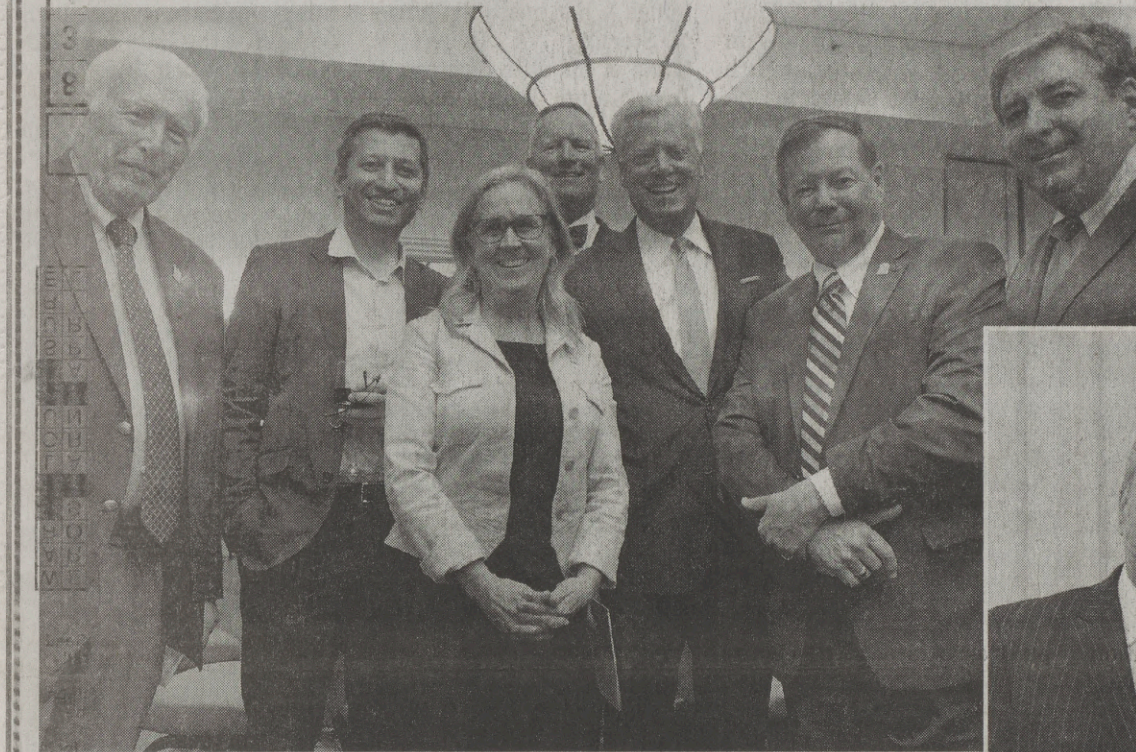
Street to the Andover town line.

After only a year of mail delivery, Foskett hung up his mail sack, sold the horses and turned his full attention to printing.

The Tweed-Manning house was sold to James Tweed in 1799 and then to Levi Manning in 1831. Manning was still listed as owning it in 1900 with 51 acres. The 1910 valuation list has it owned by Foskett. It stood at a curve on Ballardvale Street, north of the old railroad bridge. Neither the house nor the curve exist today. The road was straightened during the construction of Route 93 and 125, about 1958. The house was torched by an arsonist on March 13, 1966.

Many years later, Compu-graphic Corp. erected a four-story building across the street from where Foskett had his print shop. Compu-graphic manufactured phototypesetting equipment. Foskett worked with hand-set type.

◀The Tweed-Manning house on Ballardvale Street in North Wilmington dated from 1685. Herb Foskett had a print shop there in the early 1900s. (Courtesy photo)



◀VIPs at the Lowell House 5th annual Gala. Lowell Mayor William Samaras, Harry Kortikere (City Council candidate), Susan West-Levine, Jody White, Michael Gallagher, Bruce Robinson, and Bill Martin.

## Living in the Light Gala honors three



►Living in the Light Gala on April 4, 2019 at the UMASS Lowell Inn & Conference Center was an exciting and fun evening honoring John Chema of Trinity EMS as the Lifetime Achievement Awardee, and Jody White, CEO of Circle Health and Jeff Winward, Fire Chief of Lowell. All three honorees have made a significant impact in fighting the epidemic of opioid addiction in the Greater Lowell community. Proceeds from this event will help to support the many programs and services provided by Lowell House Addiction Treatment and Recovery (LHATR).

(photos: BruceHilliard.com)

## Massachusetts caucus of women Legislators ushers in new session

BOSTON — The 191st legislative session of the Massachusetts General Court is well underway on Beacon Hill with a record number of women represented in the first year class.

The House of Representatives welcomes 12 women among its 23 new legislators. In the Senate, three of the five newly-elected Senators are women. The Senate is led by its third female President, Senator Karen E. Spilka, and Representative Patricia A. Haddad resumes the role of Speaker Pro-Tempore in the House, a position she has held since 2011.

Female legislators now comprise 28.5 percent of the Massachusetts legislature. The previous high point reached last in 2009 (as well as 2003, 2000, and 1999) was 52 women or 26 percent of the legislature.

"I am proud to be part of an incoming class that is 50 percent women. Women are running for office and winning, which means better representation and allows for more innovative solutions. I am committed to working toward a more equitable, inclusive, and prosperous Massachusetts that works for all," said Representative Tram Nguyen, who is the first Asian American to join the caucus's Board of Directors.

of Women Legislators, a bicameral and bipartisan group of legislators, is chaired this session by Senator Cindy Friedman (D-Arlington) and

Representative Liz Malia (D-Boston). The caucus' Board of Directors also includes: Vice-Chairs Representative Linda Dean Campbell (D-Methuen) and Senator Anne Gobi (D-Spencer), Representative Carolyn Dykema (D-Holliston) as Treasurer, former House Chair Representative Colleen Garry (D-Draught), Representative Hannah Kane (R-Shrewsbury), Representative Tram Nguyen (D-Andover), Representative Chynah Tyler (D-Boston), Senator Jo Comerford (D-Northampton), and Representative Carole Fiola (D-Fall River).

The caucus also convenes four taskforces to examine the following issues: Sexual Assault, co-chaired by Representatives Lori Ehrlich (D-Marblehead) and Tricia Farley-Bouvier (D-Pittsfield); Pre-term Birth and Maternal Health, headed by Speaker Pro-Tempore Haddad (D-Somerset); Justice Involved Women, led by Representative Kay Khan (D-Newton) and Representative Christine Barber (D-Somerville) - the latter spearheads the Caucus Bylaw Review, as well. Leaders of the taskforces are also members of the caucus' Board of Directors.

In January, prior to the technical beginning of the new session, the caucus saw the passage of a long-term priority, An Act providing for equitable coverage in disability policies, championed by Representative Ruth Balser (D-Newton). This law prohibits gender discrimination in disability insurance

policies. Following that strong start, the caucus named seven priorities for the new session.

The caucus continues to prioritize combatting sexual assault on college campuses and express strong support for H.1208/S.736, An Act requiring sexual misconduct climate surveys at institutions of higher education. The Joint Committee on Higher Education will publicly hear the bill on Tuesday, April 9.

Other caucus priorities include: An Act amending the statute of limitations regarding criminal prosecutions of the crimes of sexual assault and rape of a child, An Act to end child marriage in Massachusetts (the Senate file of this bill was heard on March 26), An Act relative to the penalties for the crime of female genital mutilation, An Act supporting parents running for public office, An Act relative to Medicaid coverage for doula services, and

An Act requiring one fair wage.

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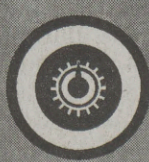
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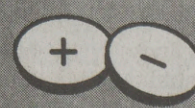
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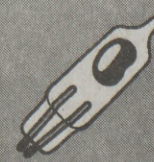
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# OBITUARIES

## Marjorie (Atkinson) Guarino-King

Volunteered at nurse's office at WHS

Marjorie (Atkinson) Guarino-King, age 99, of Tewksbury, formerly a long-time resident of Wilmington, passed away peacefully at home on April 22, 2019.

Marjorie was born on Sept. 15, 1919, in Cambridge, MA; she was the dear daughter of the late Samuel and Hilda (Thomas) Atkinson.

Marjorie was raised in North Reading and was a graduate of Reading High School. Following graduation, she went on to earn her degree at Burdett Business School in Boston.

Marjorie worked as an office manager for over 20 years at Charles River Labs in Wilmington and for many years at Johnson's Roses in Woburn.

Marjorie will be remembered for her love of animals especially horses. She was a 4H leader for many years and was very active with horse shows. Marjorie also loved gardening and cultivating beautiful flowers.

Marjorie was very active at the Wilmington Senior Center for many years and she also did a lot of volunteering in the nurse's office at Wilmington High School.

Marjorie was very involved in the Shriner's organization; as a "Hunz" she volunteered for countless fundraisers and charitable events. She was always doing something to help a great cause.

Marjorie was the beloved wife of John J. King of Tewksbury and the late Joseph Guarino, devoted mother of Sandra LaLiberte of Wilmington, Michael Dupras of Tewksbury, the late Donna Robbins and Daniel Dupras. Loving "Gramma" of the late Joseph LaLiberte, Deborah LaLiberte, David LaLiberte, Mark LaLiberte & wife Joanne, Renee Pineau & husband Joseph, Janine Hersom & husband Dickie, Michelle Dupras-St. Cyr & husband Leo, Steven Robbins, Billy Robbins & wife Candice, Ricky Robbins & wife Marti great-grandchildren Jessica, Jacqueline and husband Kevin, Richard Jr., Stephanie, McKayla, Joey, Kevin, Matthew, Patrick, Mikey, Alyssa, Felicia, Jordyn, Lexcia, Katelyn and great-great grandchildren Jacob and Delilah.

Marjorie was the sister of the late Norman and Irene and is survived by her sis-



ter-in-law Carol Atkinson of Marion, MA.

Family and friends will gather for Visiting Hours at the Nichols Funeral Home, 187 Middlesex Ave. (Rt. 62), Wilmington, on Thursday, April 25 from 2 - 3:45 p.m. followed by a Funeral Service in the Wilmington United Methodist Church, 87 Church St., Wilmington, at 4 p.m.

In lieu of flowers, donations in Marjorie's memory may be made to the Shriner's Hospitals for Children - Boston, Attn: Development Office, 51 Blossom St., Boston, MA 02114.

[www.nicholsfuneralhome.com](http://www.nicholsfuneralhome.com)

## Donna M. Lautz

Took care of children while parents worked

Donna M. Lautz, age 72, a long-time resident of Wilmington, passed away on April 20, 2019 at Windsor Place.

Donna was born on July 17, 1946 in Worcester, MA; she was the cherished daughter of the late William J. and Lois M. (Hamilton) Lautz. Donna lived in Wakefield for a few years before moving to Wilmington with her family in 1955. She was raised in Wilmington and attended Wilmington Public Schools.

Donna went to Mansfield Beauty Academy in Boston, where she earned her cosmetology certificate in 1963. Following graduation, Donna went to work for Zayre's in the wig department; a job she thoroughly enjoyed. She was very creative and had a knack for helping her customers with the right style.

Donna's father passed away at a very young age. Donna left her job at Zayre's to help her mother with her brother and sister at home. She loved to spend time with them and create fun adventures. Donna took the kids camping in North Conway for entire summers and skiing in the White Mountains during the winter.

With Donna's help, the neighborhood kids started a singing group called "The Moppets." They had so many

fun memories of their singing group and were once featured in the *Town Crier*.

Donna started to take care of other children during the day; she would go to the children's homes to take care of them while their parents worked. After a short time, Donna decided to open her own home daycare. Donna did many activities with the kids during the day and even had a swimming pool, where she taught all her daycare kids how to swim. She took care of many children for over 40 years and loved every minute of it.

Donna was very loving, caring and devoted to her family. She helped her mother in her later years; she took her to her appointments and made sure her mother was very well cared for. Donna was very reliable and could pretty much fix anything that needed repair.

Donna was the dear sister of Karen R. Farrell & her husband Thomas, III of Yorktown Heights, NY, Leanne Cummings & her husband Jeffrey of Sterling, VA, Robert W. Lautz & his wife Suzanne of Jay, Maine; loving aunt of Kaileen Farrell, Nicole Hidalgo & her husband Cameron, Amanda Cummings, Lauren Sennett & her husband John, Randy Lautz & Anne Maheux, Jaclyn Clau-



sen & her husband Alex; great-aunt of Vivian, Aveleen, Wyatt and Violette.

Donna is also survived by many loving cousins, friends, and former daycare kids.

Family and friends will gather at the Nichols Funeral Home, 187 Middlesex Ave. (Rt. 62), Wilmington, on Saturday, April 27 at 9 a.m. followed by a Funeral Mass in St. Dorothy's Church, Main St. (Rt. 38), Wilmington at 10 a.m. Interment to follow in Wildwood Cemetery, Wilmington. Visiting Hours will be held at the Funeral Home on Friday, April 26 from 4 - 7 p.m.

Memorial donations in Donna's name may be made to St. Jude's Children's Research Hospital, 262 Danny Thomas Place, Memphis, TN 38105.

## Thomas M. 'Tom' Haas

Enjoyed lake life: boating, water skiing

Thomas M. "Tom" Haas, 62, of Harrison, died unexpectedly, Thursday, Apr. 18, 2019 at his home in Harrison.

He was born on, Jan. 23, 1957 in Somerville, MA a son of Henry and Winifred (Walbourne) Haas. He attended Wilmington, MA schools and went on to attend University of Massachusetts at Lowell.

In 1979, he married Judith Eaton in Londonderry, NH where they made their home.

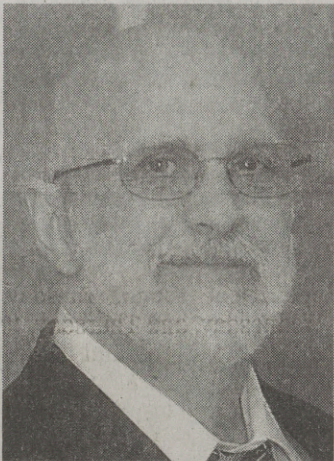
Tom went to work immediately in engineering after school. He began his career with Compugraphic Corp (now AGFA) in Wilmington for 15 years and then Bowe Bell & Howell in Needham, MA as a Field Service Engineer for 26 years.

He and Judy moved to Harrison in 1987 where he enjoyed life on Crystal Lake;

he especially enjoyed lake life including boating, water skiing and SCUBA diving. He loved to fly planes, traveling and camping as well.

Tom is loved by his wife Judy of Harrison; a daughter, Jennifer (Barnes) Norris and her husband, Brian and their daughter, Molly of Newburyport, MA; siblings, Claire Wells of Derry, NH, Marjorie Gardner of Raymond, NH, and Teresa Fogg and her husband, Donald of Chelmsford, MA; father and mother-in-law, Donald and Marie Eaton of Wilmington, MA; many beloved nieces and nephews including godchild Cheri Holladay of North Chelmsford, MA.

He was predeceased by a brother, Henry James "Jimmy" Haas, Jr. He was also predeceased by his godchild, Matthew Gardner.



A celebration of Tom's life will be celebrated at a later date to be announced. Arrangements are in the care of the Chandler Funeral Home & Cremation Service, 8 Elm St., Bridgton. Condolences and tributes may be shared at [www.chandlerfunerals.com](http://www.chandlerfunerals.com).

## Carol S. (Schweinefus) Roche

Worked for the FBI in Washington, D.C.

Carol S. (Schweinefus) Roche, age 84, of Nashua, NH, where she resided with her daughter Maureen and her husband Scott, passed away peacefully at home on April 21, 2019.

She was formerly a long-time resident of Wilmington, MA. Carol was born on Aug. 18, 1934, in Castalia, Iowa, the daughter of the late Otto and Dorothy Schweinefus. Carol was the oldest of seven siblings who grew up on the family farm. She learned the value of hard work from an early age, being responsible for many chores on the farm before heading off to school.

Following graduation from high school, Carol went straight to work for the FBI in Washington, DC. She was recruited by the FBI in her senior year of high school. Carol loved her job so much that when the position relocated to Massachusetts, she eagerly followed and resettled in Newton, MA.

In the years that followed, Carol worked as a sales administrator for over 30 years at Northland Industrial Truck Co. in Wilmington, MA.

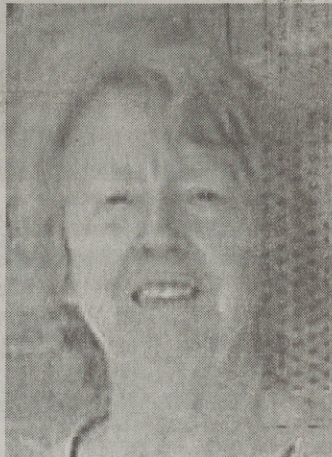
Carol met her husband Robert F. Roche at a dance in Somerville, MA; they married in October of 1961. The couple, along with their family, spent many great times together before Bob's sudden passing in November of 2010.

Carol and Bob moved to Wilmington, MA, in the summer of 1965 and raised four children. Family was everything to Carol. She was a devoted wife, mother, and grandmother. Carol was a woman of strong faith and for many years was very active at St. Thomas of Villanova Church in Wilmington. She was a CCD teacher and an active member of the St. Thomas Woman's Club.

Carol will be fondly remembered as a wonderful lady. She was hardworking, kind, and caring towards others. Carol was always eager to help out her family and friends. She will forever be in the hearts of those she loved.

Carol was the beloved wife of the late Robert F. Roche, devoted mother of June Frechette and husband Armand of Hudson, NH; Maureen Lake and husband Scott of Nashua, NH; and Joseph Roche and Steven Roche both of Colorado Springs, CO.

She was the loving "Grandma" of Amanda and Ava Scott, Josiah Roche, and Kristen and Sharon Lake. Carol was the dear daughter of the late Otto and Dorothy (Jahnke) Schweinefus, and eldest sister of Norma Schlee of Iowa, Ann Thomas of California, Laurie Schweinefus of Missouri, Brad Schweinefus of Iowa, and the late Jerry Schweinefus and Shirley Marting.



Carol is survived by many nieces and nephews. She is also survived by her dear friend Marguerite Little, who is formerly a long-time Wilmington resident.

Family and friends are invited to gather for Visiting Hours at the Nichols Funeral Home, 187 Middlesex Ave. (Rt. 62), Wilmington, MA, on Thursday, April 25, from 10:30 - 11:30 a.m., followed by a Mass of Christian Burial at St. Thomas of Villanova Church, 126 Middlesex Ave., Wilmington, MA, at 12. Interment will follow in Wildwood Cemetery, Wilmington, MA.

In lieu of flowers, donations in Carol's memory may be made to the Alzheimer's Association, 309 Waverly Oaks Road, Waltham, MA, 02452, or on-line through [act.alz.org](http://act.alz.org) [www.nicholsfuneralhome.com](http://www.nicholsfuneralhome.com)

## H. David Perry

US Navy veteran and police detective

H. David Perry, age 78, a resident of Tewksbury for 54 years, passed away at the Winchester Hospital with his family at his side on Thursday, April 18, 2019.

He was the beloved husband of Ruth I. (Hoey) Perry, who passed away on Aug. 5, 2014.

Born in Cambridge on Jan. 2, 1941, he was the son of the late Joseph and Doris (Noden) Perry.

Dave was raised in Arlington and graduated from Arlington High School.

In 1959, he enlisted in the U.S. Navy and served aboard the U.S.S. Aucilla.

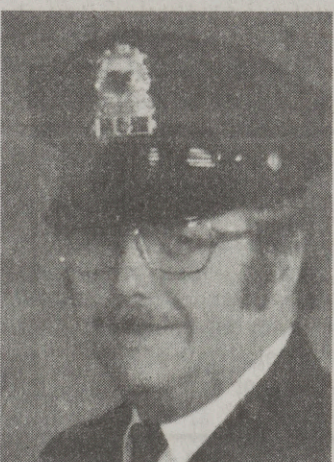
Dave was a member of the Tewksbury Police force for 28 years. He began his career in law enforcement as a patrolman and retired in 2002 as a detective.

While serving on the Tewksbury Police Force, he attended Northern Essex Community College in Haverhill, where he received an Associate Degree.

Since retiring, Dave enjoyed spending the winter months in Ft. Myers Beach, FL.

Dave was a member of the Tewksbury Elks Post #2070 and the Tewksbury Lions Club.

He is survived by his children, Jeffrey Perry, of Derry, NH, Tewksbury Police Sergeant Mark Perry and his wife Carrie, of Lowell, Kimberly Silk and her husband, Stephen, of North Andover, Deborah Guttadauro and her husband, Tewksbury Fire Dept. Lieutenant, Paul Guttadauro, of Tewksbury, and David Perry and his wife, Karen, of N. Andover; 12 grandchildren: Brad and Allie Perry, Dustin (Janelle), Stephanie, Jake and Julia Silk, Kelsey (Shelby Gilbeau), Cortny and Kara Guttadauro, William, Andrew and Caroline Perry; three great grandchildren: Patrick and Connor Silk, and Wren Gilbeau; siblings, Phil Perry and his wife Joan, of Osterville, and Judy Cooper, and her husband Art, of Mt. Holly, NJ; best friend, Sandy DeLucia and her late husband Joe; many brothers and sisters-in-law,



nieces and nephews; and his beloved dog, Daisy.

Calling hours are Thursday, April 25, from 4 - 8 p.m. at the Farmer & Dee Funeral Home, 16 Lee St., Tewksbury. His funeral procession will begin at 10 a.m. on Friday, April 26, followed by his Funeral Mass at 11:30 a.m. at St. Michael's Church, 196 Main St., North Andover. Services will conclude at Tewksbury Cemetery.

In lieu of flowers, donations in his memory may be made to the Tewksbury Police Association, 918 Main St., Tewksbury, MA 01876.

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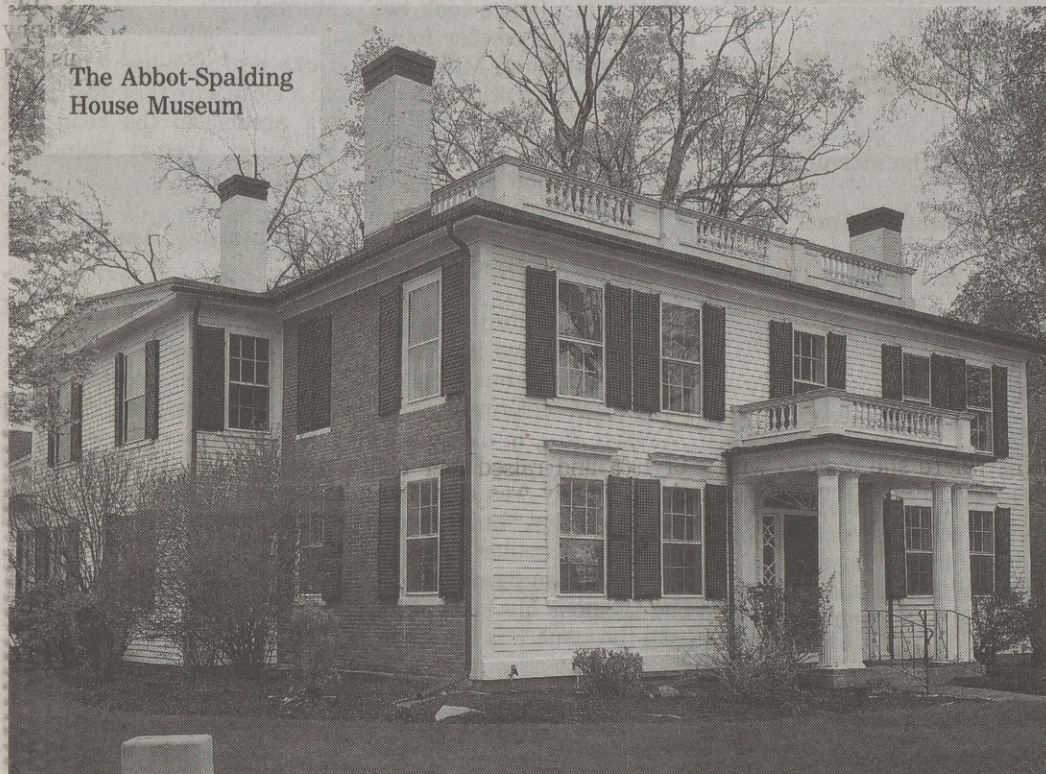
## Nashua, NH offers more than just shopping

By HEATHER BURNS  
News Correspondent

When most people in the Merrimack Valley say they are going to Nashua, New Hampshire, the first thing

that comes to mind is tax free shopping. But the City of Nashua is much more than a shopping destination. Nashua is rich with history, and offers many interesting historical sites.

If the Pheasant Lane Mall is one of your favorite shopping spots, try making a side trip to the Nashua City Hall, located at 229 Main St. The Nashua Historical Society displays a changing exhibit



The Abbot-Spalding House Museum



By PAIGE IMPINK  
News Correspondent  
paige@yourtowncrier.com

Ipswich River Wildlife Sanctuary in Topsfield is a Mass Audubon property that offers a rich family destination at any time of year. Whether you take in one of their many programs, enroll your kids in a summer camp, or stop by for a stroll on a weekend, you are sure to find something of interest and get your dose of nature.

If you are not member of Mass Audubon, there is a modest entrance fee. Clean bathrooms are right at the entrance, along with a welcome center, gift shop and even hot coffee.

Well maintained paths are part of the appeal of the sanctuary.



The Florence H. Speare Memorial Museum



at city hall, and the current exhibit is the "History of the Pheasant Lane Mall." Enjoy the history and backstory of the mall before you get your shopping therapy.

For a larger picture of the history of Nashua, visit the Florence H. Speare Memorial Museum, located at 5 Abbott St. This museum was constructed in 1971 with donations provided by local businessman, Sleva Speare, and was named in honor of his wife Florence Hyde Speare.

The Spear Museum contains a wealth of information about Nashua, from its origin to its evolution into a mill town, and the growth of the community that has become the city we know today. The always changing exhibits bring to life scenes from the past to include authentic costuming, furnishings and accessories.

The Speare Museum is also the home of the Frank B. Clancy Research Library. The museum and library are open year round, Tuesday, Wednesday, and Thursday, 10 a.m. to 3 p.m., and Saturdays by appointment.

Adjacent to the Speare Museum, also on Abbott Street, you will find the Abbot Spalding House. This was the home of several prominent Nashua historical citizens, including Daniel Abbot (considered the father of

Nashua) and William Spalding. The Abbot Spalding House is a beautiful, Federal Revival style home that was the meeting place for the famous and influential of New Hampshire.

This museum has period furnishings, china and glass, and fine art pieces collected by the Spalding family who occupied the home for 73 years until it was purchased by the Nashua Historical Society in the late 1970's. The interior and exterior have had major restoration in recent years, bringing back the original beauty and integrity of this historic home.

The Abbot Spalding House Museum is open from April to November. Call the Nashua Historical Society at 603-883-0015 to make an appointment to view this home or the Speare Museum.

Mine Falls Park is a 325 acre park located in the heart of Nashua on Whipple Street. It is bordered on the north by the Nashua River, and on the south by the Millpond and the power canal system, making it a center spot of Nashua industrial history.

The name "Mine Falls" dates back to the 18th century when low quality lead is said to have been mined from the island below the falls.

In the 19th century, after the success of the Merri-

mack Canals in Lowell, the potential of the Nashua River was used for industrial mills in Nashua. The Nashua Manufacturing Company, which owned a massive complex that included the property now known as the Mine Falls Park, harnessed the flow of the Nashua River to power its mills that were downstream on Factory Street.

The mills closed in 1948, and the site was used for various commercial purposes while the Nashua River suffered from severe pollution. After a visit from the Environmental Protection Agency in 1973, a master plan was created for Mine Falls Park, which now hosts seven playing fields as well as walking, biking, and cross country skiing trails and fishing and boating options.

The Nashua River Canals and the Nashua Manufacturing Company Historic District are both on the National Register of Historic Places, and the park trails were added to the New Hampshire Heritage Trail System in 1992. The park is open seven days a week from 6 a.m. to 10 p.m.

The next time you head north to Nashua, skip the mall and enjoy the interesting, historic sites and stories Nashua has to offer.

## Ipswich River Wildlife Sanctuary

The trails throughout the property are well marked and easy to traverse, though there are some inclines and well-maintained gravel and wooden stairs on the various trails, so proper footwear is advised. It also makes sense to plan based on rain conditions. We wore hiking shoes and boots as it has been rainy.

We encountered some muddy spots and even one trail which was submerged. Mother nature wins every time and doesn't care where the trails are set.

The sanctuary has 12 miles

of trails and is always updating the bird and wildlife sightings list on their information board at the visitor center. Binoculars would be a great thing to bring along if you remember.

We followed the trail to the Rockery, a man-made cave and boulder system which is a favorite with kids. A nice trail circles Rockery Pond and is known for its friendly birds. If you bring some birdseed with you and extend your hand, patience will pay off with a chickadee or tufted titmouse making a visit.

On the day we visited, word got out quickly amongst the birds that there was seed to be had, and even a cardinal stopped by to check out what we brought.

There are boardwalks all around the pond and on trails, making wetland marshes a fine place to pause and watch for turtles, frogs, and acknowledge the geese. One boardwalk has been swallowed up by a beaver lodge, and there is evidence of their gnawing in other places. We just have to remember that we are guests in their home, not the other way around.

In addition, canoes can be rented to get out onto the water and explore, and there is a primitive camping area complete with a cabin which can be reserved if you want a longer visit.

According to the sanctuary, the wetlands and woodlands are a known migratory and breeding area for birds, and is "one of the largest concentrations of nesting wood ducks in Massachusetts." The land was an early site for the Agawam peoples and it was later part of a land grant to the colony of Massachusetts and was subsequently farmed.

The property changed hands and an arboretum with carriage trails and stone bridges enhanced the land, along with tree species from around the globe.

There are so many trails at Ipswich River that more than one visit is necessary. Check out the programming schedule at [www.massaudubon.org/get-outdoors](http://www.massaudubon.org/get-outdoors) and see what works for you!



Boardwalks surround Rockery pond.

Nest boxes stand like sentinels in a field, waiting for tree swallows and bluebirds. (Paige Impink photos)





## Tewksbury Police Log

### Two arrested at Walmart for reportedly shoplifting

Monday, April 15

11:22 a.m. - A suspicious vehicle was parked at Heritage Drive area by the clubhouse. The vehicle appeared to be a 2008-2012 gray Honda pilot. An email was sent out to perform extra checks.

3 p.m. - A 911 caller reported erratic driver at Market Basket South. Police sent and stopped a motor vehicle. Police reported all parties were spoken to.

10:20 p.m. - Caller reported an erratic driver at Whipple Road and French Street almost hit a telephone pole before continuing into Lowell. Lowell Police Department was notified.

11:11 p.m. - Clerk from Motel 6 stated a male and a female kept knocking on another person's door. Officer on scene reported parties were gone on arrival.

Tuesday, April 16

4:17 a.m. - A 911 call for a robbery at Cumberland

Farms. Police sent. Lowell Police Department notified and filed a report.

5:09 a.m. - An argument went on in the parking lot at Motel 6. Police sent and filed a report.

1:38 p.m. - Caller reported two pitbulls fought at Shawsheen Street. Animal Control was notified. Police sent. Animal control was handling the situation.

4:18 p.m. - A suspicious grey Honda Pilot around Heritage Drive was seen. Police sent. The operator was eating food in his car and had been advised that the area was private property.

Wednesday, April 17

4:14 a.m. - Police out with a motor vehicle at Windsor Drive for interior lights were on. Police reported the vehicle was all set.

5:28 p.m. - Caller reported an erratic operator on a motorcycle in front of the caller headed northbound on Main

Street. The motorcycle kept pulling up beside his vehicle trying to get him to pull over. Police sent. They spoke with the operator of the motorcycle who stated he was signaling at the caller to pull over because the caller was continuously beeping his horn at the operator from behind.

10:07 p.m. - Caller reported smelling an odor of burn at this time in the evening at Carnation Drive. Police and file department sent. Police spoke to. No outside burn. The caller would call again when she smelt it.

10:17 p.m. - The caller's house was egged at Rosemary Drive. Police sent and filed a report.

Thursday, April 18

1:30 a.m. - A 911 call from a neighbor at Patrick Road stated she heard yelling next door. Police sent. They spoke with the resident who stated that he was yelling at the television. Everything checked out.

6:01 a.m. - Police out at

Motel 6 attempting to serve a warrant. Shawna Anthony, 43, of 35 Hanks St. in Lowell, was arrested and charged with two Lawrence Police Department default warrants.

8:48 a.m. - There was a spoon lying in the hallway with a white powdery substance on it at Village Green Apartment. The caller believed the spoon was used for drugs. Police sent to retrieve it.

11:51 a.m. - Loss Prevention at Walmart had two female shoplifters. Britney Lebel, 19, of 15 Barnard Road in Lawrence, was arrested and charged with shoplifting by asportation. Amanda Lebel, 35, of 15 Barnard Road in Lawrence, was arrested and charged with shoplifting by asportation, possession class C drugs, and 11 counts of possession class E drugs.

8:29 pm - Door was left open at Foster Road. Police sent. Officer stated it was the homeowners vehicle. All was OK.

Friday, April 19

3:18 p.m. - Caller reported suspicious gray Jeep at the end of School Street with a male party sitting in it. Police sent and filed a report.

4:15 p.m. - Officer mailed a citation to a motor vehicle at North Street and Catamount Road for marked lanes violation, red light violation and negligent operation of motor vehicle.

10:10 p.m. - Police sent at Motel 6 to serve a warrant. Nicole Decosta, 46, of 480 Hypine Road in Dracut, was arrested and charged with a warrant for juror fail to attend.

Saturday, April 20

1:13 a.m. - Caller across from Amos Street reported 10 to 12 cars in the street and lot of people in front and back of house being loud. Police sent and spoke to the parties; they were taking it inside.

1:18 a.m. - Caller at Marie Street reported a vehicle at the end of the road where someone was yelling. Police sent and spoke to both parties. Officer filed a report.

2:21 a.m. - A 911 caller reported a motor vehicle accident at Grasshopper Lane. Police sent. Michael Samorrian, 47, of 14 Pratt St. in Billerica, was arrested and

charged with negligent operation of motor vehicle, OUI liquor and unsafe operation of motor vehicle.

3:55 a.m. - A walk-in party reported he believed his boyfriend was involved in a hit and run with his vehicle around Marriot Residence Inn. Moise Baez, 31, of 71 Boston Road in Billerica, was arrested and charged with a warrant for identity fraud and a fugitive from justice on court warrant.

2:59 p.m. - A 911 caller reported that a male party was screaming and making a scene from his unit at Saunders Circle. Police sent. They were unable to make contact and filed a report.

10:19 p.m. - A male employee came into Dunkin' Donuts showing a firearm and then left in a Black Mercedes. Police sent. Lowell Police Department responded for the request to check the male address. Officer filed a report.

Sunday, April 21

1:41 a.m. - Police sent at Cumberland Farms for a possible warrant. Gabriella Perrino, 24, of 17 Stonehedge Dr. in Wilmington, was arrested and charged with a warrant for breaking and entering and a warrant for shoplifting.



## Wilmington Police Log

### Two dead animals removed from Salem St., Earles Row

Monday, April 15:

1:10 p.m.: A motor vehicle collision occurred on Main Street involving a Kia Sorento and a Ram 1500. No injuries were reported.

1:59 p.m.: Police brought a loose German Shepherd home after it was found by residents on Lowell Street.

7:03 p.m.: An accident on Main Street between a Chevrolet Suburban and a Toyota Prius was reported by the

owner of the involved vehicle that was parked at the time. The other driver denied any damage to the parked vehicle. Police advised the latter driver to get an accident report and checked with the manager of a store in the lot to get security footage.

Tuesday, April 16:

12:22 p.m.: Following up on a report, police found a snapped pole at the intersection of Woburn Street and Marie Drive. It was not clear

if it was snapped by a truck or something else, but the pole was a tension pole holding up another across the street. Police remained on scene while Reading Light braced the damage.

4:26 p.m.: Police received reports of an open electrical box on Main Street. The box turned out to be a telephone box. Verizon was notified, but the box was still open when police checked at 9:49 that night and Verizon stated it would likely remain

open until the morning.

Wednesday, April 17:

9:07 a.m.: Animal Control removed a dead rabbit from Salem Street.

11:45 a.m.: Animal Control removed a deceased turkey from Earles Row.

4:04 p.m.: A minor motor vehicle collision occurred on Main Street involving a Hyundai Sonata and a Honda Odyssey. No injuries were

reported.

Thursday, April 18:

11:40 a.m.: Police took two bags of white powder found on the ground on Middlesex Avenue for narcotics.

3:12 p.m.: A minor motor vehicle collision involving a Mazda 3 and a Lincoln LS occurred at Sonny's Mobile on the Run on Lowell Street.

6:44 p.m.: A Ford Explorer was damaged and had several items stolen from it while it was parked on Grove Avenue.

Friday, April 19:

1:14 p.m.: A landscaping truck and a trailer got jackknifed on Shawsheen Avenue. The incident blocked a lane until the issue was fixed.

1:40 p.m.: A Honda Accord struck a Toyota 4Runner while pulling out of the Market Basket parking lot on Main Street. The Accord left the scene, but police later found it with the help of witnesses and obtained its information for an accident report.

4:08 p.m.: A minor motor vehicle collision occurred on Woburn Street involving a Cadillac CTS and a Nissan Murano.

4:23 p.m.: Police wrapped up a loose wire that was flailing around in the road on Middlesex Avenue. Comcast was notified.

Saturday, April 20:

4:17 p.m.: Police got a snapping turtle out of the road with the help of residents. The turtle was blocking the area of Shawsheen Avenue and Canal Street.

4:52 p.m.: Police assisted a Cedar Street resident in determining what damaged their mailbox while they were out of town for a week.

Sunday, April 21:

10:22 a.m.: A street sign at the intersection of Cottonwood Circle and Blueberry Lane was downed along with its pole. Police put the pole on the other side of a guard rail to get it out of the way and contacted the Department of Public Works.

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### Powers makes Dean's List at Endicott College

BEVERLY — Endicott College is pleased to announce the Dean's List students for fall 2018. In order to qualify for the Dean's List, a student must obtain a minimum grade point average of 3.5, receive no grade below a "C", have no withdrawal grades, and be enrolled in a minimum

of 12 credits for the semester.

Among the students meeting those requirements is Madeline Powers of Tewksbury. She is majoring in Political Science and is the daughter of Robert Powers and Christine Powers.

For more information, visit [www.endicott.edu](http://www.endicott.edu).

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## Annual Legislative Breakfast at Blaire House



▲ President of Blaire House Frank C. Romano, Keynote Speaker Representative Denise C. Garlick - (D) 13th Norfolk and Senate Minority Leader Bruce Tarr (R) First Essex and Middlesex.

◀ Health Care and Political VIPs came together at the Blaire House to discuss the "Current State of Health Care in Massachusetts" during the annual Legislative Breakfast. (photo: BruceHilliard.com)

## Callanan inducted into Sigma Theta Tau International Nursing Honor Society at Curry

MILTON — Curry College is proud to announce that Grant Callanan of Tewksbury has been inducted into the Sigma Theta Tau International Nursing Honor Society.

Curry College's Chapter, Theta at Large, began in 1953 when it was chartered as only the seventh Chapter of Sigma Theta Tau. A group of nurses attending Boston University set out to establish an organization that would represent the best of what nursing offered in this part of the world.

Boston University would stand tall for the ensuing 37 years, as the "institution of record" for our Chapter, until in 1990 when we were re-chartered to include Curry College in Milton, Massachusetts and Simmons College in Boston — thereby establishing our "at-large" distinction.

Today, we have over 650 active members linked among three unique institutions. Theta at Large has many reasons to be proud as we forge into the new millennium. We are active in supporting local nursing scholars through our ongoing research and academic awards program. Our fall and spring programs offer members an opportunity to connect with each other and engage in scholarly educational discourse.

We are thrilled to routinely send members to destinations around this country and abroad, to leadership conferences, academic events, member forums and the biennial convention during which representatives from all chapters from around the world gather.

Visit us on the web at [www.curry.edu](http://www.curry.edu)

## MHA president: 'Medicare for All' is not the answer

BURLINGTON — The United States healthcare system is in need of constant improvement to help drive down costs and improve quality. But scrapping the entire current system and replacing it with a "Medicare for All" plan would cause more harm than good, says the Burlington-based Massachusetts Health Association President & CEO Steve Walsh.

"Policy makers in Washington now debating various 'single-payer' plans should instead 'prioritize preserving and expanding the gains that have been made nationally through the Affordable Care Act (ACA)," Walsh said.

"Despite delivering promising results in many states, not every area of the country has been able to take advantage of the opportunities offered by this comprehensive package of policies," he added. "Even more disturbing, efforts to dismantle the ACA continue through funding cutbacks coupled with ongoing legal and regulatory challenges. Proposals such as 'Medicare for All' carry significant risk for our complex system of patients, healthcare providers, and taxpayers. We should instead focus our attention on stabilizing the ACA."

The Winchester Hospital, Lahey Health and other hospitals in the area are members of the MHA.

Walsh noted that Medicare is currently an "essential program" for seniors and disabled Americans, and that "because of its importance, its support remains a national priority."

But he warned "the long-term effect of Medicare expansion comes with the risk of an underfunded program, resulting in a two-tiered system of care — middle-class and low-income elders would struggle with limited coverage, while wealthy Americans could supplement the available benefit. We fear that the many proposals grouped under the 'Medicare for All' banner put the viability of the program — which is already strained — directly at risk."

Walsh concluded: "Without doubt, more work needs to be done to improve healthcare services, to close the coverage and access gaps that remain, and to make healthcare more affordable and sustainable. But, 'Medicare for All' is not the answer. As we've learned in Massachusetts,

many challenges of our complex healthcare system. Instead, we should focus on building upon all that is currently working. Let's defeat the challenges to the ACA and secure its full implementation nationwide."

### LEGAL NOTICE



TOWN OF WILMINGTON  
CONSERVATION  
COMMISSION

### PUBLIC HEARING

Notice is hereby given that a Public Hearing will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, May 1, 2019 at 7:22 p.m. in compliance with the provisions of MGL Chapter 131, Section 40, and 310 CMR 10.00 on a Notice of Intent filed by PGA Realty Company, LLC, 565 Turnpike Road, Suite 80, North Andover, MA 01845, owner and applicant. The filing is for construction of four (4) warehouse buildings and related site work. This work is within the 100-foot buffer zone as designated by the MA Wetlands Protection Act, M.G.L. Chapter 131, Section 40 and 310 CMR 10.00. This property is located at 36 and 38 Upton Drive, Wilmington, MA 01887 and shown on Assessor's Map R1 Parcels 18 & 18L. A copy of the application is on file at the Department of Planning and Conservation, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Donald Pearson,  
Chair  
Conservation  
Commission  
190520 4/24/19

### LEGAL NOTICE



TOWN OF WILMINGTON  
CONSERVATION  
COMMISSION

### PUBLIC HEARING

Notice is hereby given that a Public Hearing will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, May 1, 2019 at 7:17 p.m. in compliance with the provisions of MGL Chapter 131, Section 40, and 310 CMR 10.00 on a Notice of Intent filed by Thomas Burns, 44 Towpath Drive, Wilmington, MA 01887, owner and applicant. The filing is for constructing a deck and a retaining wall, replacing a front walk, plantings, and related grading. This work is within 100-foot buffer zone as designated by the MA Wetlands Protection Act, M.G.L. Chapter 131, Section 40 and 310 CMR 10.00. This property is located at 44 Towpath Drive, Wilmington, MA 01887 and shown on Assessor's Map 29 Parcel 43. A copy of the application is on file at the Department of Planning and Conservation, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Donald Pearson,  
Chair  
Conservation  
Commission  
190519 4/24/19

### LEGAL NOTICE



TOWN OF WILMINGTON  
CONSERVATION  
COMMISSION

### PUBLIC MEETING

Notice is hereby given that a Public Meeting will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, May 1, 2019 at 7:00 p.m. in compliance with provisions of MGL Chapter 131, Section 40, and 310 CMR 10.00 on a Request for Determination of Applicability, filed by Gregg Cummings, 6 Serenoa Lane, Wilmington, MA 01887, owner and applicant. This filing is for tree removal. This work is within Bordering Land Subject to Flooding, Bordering Vegetated Wetlands, and their 100-foot Buffer Zone as designated by the MA Wetlands Protection Act, MGL Chapter 131, Section 40 and 310 CMR 10.00. This property is located at 6 Serenoa Lane, Wilmington, MA 01887 and shown on Assessor's Map 86 Parcel 2C. A copy of the application is on file at the Department of Planning and Conservation, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Donald Pearson,  
Chair  
Conservation  
Commission  
190515 4/24/19

### LEGAL NOTICE



TOWN OF WILMINGTON  
CONSERVATION  
COMMISSION

### PUBLIC MEETING

Notice is hereby given that a Public Meeting will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, May 1, 2019 at 7:06 p.m. in compliance with provisions of MGL Chapter 131, Section 40, and 310 CMR 10.00 on a Request for Determination of Applicability, filed by Mitchell Design & Construction, Inc., 448 Main Street, Medford, MA 02155, applicant. This filing is for construction of a garage on an existing foundation. This work is within the 100-foot Buffer Zone to Bordering Vegetated Wetlands as designated by the MA Wetlands Protection Act, MGL Chapter 131, Section 40 and 310 CMR 10.00. This property is located at 124 Eames Street, Wilmington, MA 01887 and shown on Assessor's Map 47 Parcel 19. A copy of the application is on file at the Department of Planning and Conservation, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Donald Pearson,  
Chair  
Conservation  
Commission  
190517 4/24/19

### LEGAL NOTICE



TOWN OF WILMINGTON  
CONSERVATION  
COMMISSION

### PUBLIC HEARING

Notice is hereby given that a Public Hearing will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, May 1, 2019 at 7:30 p.m. in compliance with the provisions of MGL Chapter 131, Section 40, and 310 CMR 10.00 on a Notice of Intent filed by BIV-613 Main, LLC c/o The Seyon Group, 118 Newbury Street, 3rd Floor, Boston, MA 02116, owner and applicant. The filing is for the construction new parking areas and stormwater management improvements. This work is within 100-foot buffer zone as designated by the MA Wetlands Protection Act, M.G.L. Chapter 131, Section 40 and 310 CMR 10.00. This property is located at 613 Main Street, Wilmington, MA 01887 and shown on Assessor's Map 29 Parcel 11A. A copy of the application is on file at the Department of Planning and Conservation, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Donald Pearson,  
Chair  
Conservation  
Commission  
190521 4/24/19

### LEGAL NOTICE



TOWN OF WILMINGTON  
CONSERVATION  
COMMISSION

### PUBLIC MEETING

Notice is hereby given that a Public Meeting will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, May 1, 2019 at 7:09 p.m. in compliance with provisions of MGL Chapter 131, Section 40, and 310 CMR 10.00 on a Request for Determination of Applicability, filed by Curtis and Seana Gifford, 5 Ring Avenue, Wilmington, MA 01887, owner and applicant. This filing is for construction of an addition above an existing garage. This work is within the 100-foot Buffer Zone to Bordering Vegetated Wetlands as designated by the MA Wetlands Protection Act, MGL Chapter 131, Section 40 and 310 CMR 10.00. This property is located at 5 Ring Avenue, Wilmington, MA 01887 and shown on Assessor's Map 82 Parcel 36-136. A copy of the application is on file at the Department of Planning and Conservation, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Donald Pearson,  
Chair  
Conservation  
Commission  
190518 4/24/19

### LEGAL NOTICE



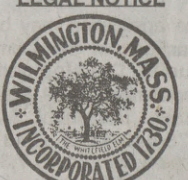
TOWN OF WILMINGTON  
CONSERVATION  
COMMISSION

### PUBLIC MEETING

Notice is hereby given that a Public Meeting will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, May 1, 2019 at 7:03 p.m. in compliance with provisions of MGL Chapter 131, Section 40, and 310 CMR 10.00 on a Request for Determination of Applicability, filed by C.S. Newhouse Builders, Inc., 5 Emma Way, Wilmington, MA 01887, owner and applicant. This filing is for the construction of a single family dwelling and related site work. This work is within the 100-foot Buffer Zone to Bordering Vegetated Wetlands as designated by the MA Wetlands Protection Act, MGL Chapter 131, Section 40 and 310 CMR 10.00. This property is located at 20 Murray Hill Circle, Wilmington, MA 01887 and shown on Assessor's Map 4 Parcel 7B. A copy of the application is on file at the Department of Planning and Conservation, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Donald Pearson,  
Chair  
Conservation  
Commission  
190516 4/24/19

### LEGAL NOTICE



TOWN OF WILMINGTON  
BOARD OF APPEALS

### NOTICE OF PUBLIC HEARING

A public hearing will be held at the Town Hall, 121 Glen Road on Wednesday, May 8, 2019 at 7:00 p.m. on the following applications:

Continued from April 17, 2019  
Case 6-19  
Fordham Park, LLC  
100-110 Fordham Road  
Map 91 Parcel 121

To acquire a Special Permit in accordance with §6.6.7.7 to allow greater than 15 percent impervious coverage within the Zone II area

Case 8-19  
Richard Langone  
38 Nassau Avenue  
Map 31 Parcel 52

To acquire a special permit in accordance with §6.1.3 to extend a nonconforming structure

Case 9-19  
Michael Welch  
22 Grant Street  
Map 62 Parcel 13

To acquire a special permit in accordance with §6.1.6.4 to extend a nonconforming structure

Case 10-19  
Michael Welch  
6 Pineridge Road  
Map 88 Parcel 89-46

To acquire a special permit in accordance with §6.1.6.4 to extend a nonconforming structure

190497 4/24, 5/1/19

### LEGAL NOTICE



TOWN OF WILMINGTON,  
MASSACHUSETTS

### INVITATION TO BID

Gym Floor Replacement Project  
Wilmington High School  
Wilmington, MA

RBA Project No. 2019018

Pursuant to the provisions of Chapter 149, Sections 44A to 44H, inclusive, of the Massachusetts General Laws, the Town of Wilmington, MA, the Awarding Authority, (hereinafter referred to as "Owner"), by the Office of the Town Manager, will receive sealed bids from responsible and eligible bidders for the General Contract ("Contract") for the Gym Floor Replacement at the Wilmington High School, Wilmington, MA until 11:00 A.M. local time, Friday, May 10, 2019, at the Office of the Town Manager, 121 Glen Road, Wilmington, MA 01887, at which time they will be publicly opened, read, and registered. No filed sub-bids will be used for this project.

The DCAMM classification required for the general contractor is "Floor Cover". The estimated construction cost for the Base Bid scope of work is \$250,000.

Each and every bid shall be submitted on the Bid Form furnished with the Bidding Documents and shall be sealed in an envelope which is clearly marked in the lower left hand corner "BID FOR THE GYM FLOOR REPLACEMENT AT

### WILMINGTON HIGH SCHOOL

Pre-Bid Conference and Site Visit will be held at the Wilmington High School Lobby, 159 Church St., Wilmington, MA on April 23, 2019 and May 3, 2019, both at 3:00 PM.

The Contractor shall supply all labor and materials and equipment necessary to complete the work shown on the Contract Drawings and hereafter contained in the Specifications.

The Invitation for Bids ("IFB") may be obtained electronically by visiting the Town of Wilmington website (<http://www.wilmingtonma.gov/purchasing-department>), beginning on April 18, 2019. Copies of the documents may be obtained from the Russo Barr Associates, 55 Sixth Road, Suite 6, Woburn, MA 01801, 781-273-1537 x20, for a non-refundable fee of \$100, plus \$35 for mailing (checks shall be made payable to Russo Barr Associates, Inc.). Complete instructions for filing Bids are included in the Instructions to Bidders. Every Bid shall be submitted in full accordance with those Instructions to Bidders. Bids shall be valid only when accompanied by all of the following: (1) a fully completed and properly executed "Bid Form for General Bid"; (2) Bid security in the amount of five percent (5%) of the amount bid, in a form as described in the Instructions to Bidders and made payable to the "Town of Wilmington"; (3) a copy of a "Certificate of Eligibility" issued by the Deputy Commissioner of the Commonwealth of Massachusetts Division of Capital Asset Management and Maintenance (DCAMM) showing that the Bidder has the classification and

capacity rating to perform the work required; and (4) an update statement in such form as the Deputy Commissioner of DCAMM shall prescribe.

Wage rates paid under this Contract are subject to the minimum wage rates established under the provisions of Chapter 149, Sections 26 to 27G inclusive of the Massachusetts General Laws.

The successful Bidder shall furnish a Performance Bond in the amount of one hundred percent (100%) of the amount of the Contract Price and a Payment Bond in the amount of one hundred percent (100%) of the amount of the Contract Price with a surety company which is acceptable to Owner. Contract payment shall be by the lump sum price indicated in the Bid Form.

No Bidder may withdraw his Bid for a period of thirty (30) days (Saturdays, Sundays and legal holidays excluded) after the actual date of the opening of the General Bids.

Bids for this Contract are subject to the provisions of Massachusetts General Laws Chapter 149, Sections 44A et seq. The Owner reserves the right to reject any or all bids or to accept any bid deemed by it to be in the best interest of the Town of Wilmington, and to limit the extent of the work to keep within the limits of available funds.

The award of any contract pursuant to this Invitation for Bids is subject to appropriation by the Town of Wilmington.

Town of Wilmington,  
Massachusetts  
Jeffrey M. Hull  
Town Manager  
190498 4/24/19

### LEGAL NOTICE



TOWN OF WILMINGTON

### ANNUAL TOWN MEETING

Saturday, May 4, 2019

10:30 a.m.

Wilmington High School Auditorium

190428 4/17, 24, 5/1/19

### LEGAL NOTICE



TOWN OF WILMINGTON

### PLANNING BOARD

The Planning Board will hold a Public Hearing on May 7, 2019 at 8:30 p.m. in Room 9 of the Town Hall, 121 Glen Road, Wilmington, MA for a Stormwater Management Permit #19-03 and Site Plan Review #19-04, plan entitled "Upton Park, 36-38 Upton Drive, Wilmington, Massachusetts"; dated April 1, 2019, prepared by Todd P. Morey, P.E., Beals Associates, Inc., 2 Park Plaza, Suite 200, Boston, MA 02116. The application is for the construction of four warehouse buildings, total footprint of 256,640 sq.ft. with associated parking, loading areas, utilities and stormwater management. Said property is located at 36 & 38 Upton Drive, Wilmington, MA 01887 and shown on Assessor's Map 44 Parcels 18 & 18L.

A copy of the plan is on file at the Planning & Conservation Department and may be inspected during the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Any person interested, or wishing to be heard on the proposed plan, should appear at the time and place designated.

Michael Sorrentino,  
Chair  
Wilmington Planning Board  
190487 4/17, 24/19





## Johansson inducted into Psi Chi, the International Psychology Society at Curry

MILTON — Curry College is proud to announce that Rachel Johansson of Wilmington has been inducted into Psi Chi, the International Psychology Honor Society. Rachel is one of eight students from Curry to be inducted into this honor society this year.

Founded in 1929, Psi Chi is an international honor society whose purpose is to encourage, stimulate, and maintain excellence in scholarship of the individual members in all fields, particularly in psychology, and to advance the science of psychology.

Curry inductees are part of a network of more than 700,000 lifetime Psi Chi members.

### About Curry College

Founded in 1879, Curry College is a private, four-year, liberal arts-based institution located on 131 acres in Milton, Mass. Curry extends its educational programs to a continuing education branch campus in Plymouth, Mass. Curry offers 27 undergraduate majors, as well as graduate degrees in business, education, criminal justice, and nursing, with a combined enrollment of approximately 3,000 students.

The student body consists of approximately 2,000 traditional undergraduate students, and over 1,000 continuing education and graduate students.

Visit us on the web at [www.curry.edu](http://www.curry.edu)

## Baker-Polito Administration to fund 26 new programs to help people with substance use and mental health issues

BOSTON — The Massachusetts Department of Public Health (DPH) will contract with 26 community-based treatment providers across the Commonwealth to open new specialized residential rehabilitation treatment programs to serve individuals who experience substance use and mental health disorders.

The programs, which include 398 treatment beds, represent a significant expansion of services to individuals who are at higher risk for a fatal opioid-related overdose and will increase their opportunity to access treatment for both diseases in a single program.

"Part of our administration's comprehensive approach to addressing the opioid epidemic and getting more people into recovery includes significantly increasing the number of treatment beds available for individuals struggling with substance use," said Governor Charlie Baker. "We are pleased to support these new specialized programs as they expand access to critical recovery support for individuals seeking treatment for substance use and behavioral health needs."

The state's opioid data <<https://www.mass.gov/files/documents/2017/08/31/data-brief-chapter-55-aug-2017.pdf>> indicate that the risk of a fatal opioid-related overdose is six times higher for people diagnosed with a serious mental illness and three times higher for those diagnosed with depression. In addition, DPH data on patient enrollment in treatment programs showed a high percentage of enrollees had prior psychiatric illness.

"Integrating substance use and mental health treatment programs on this scale marks an important step to address the continuum of care for this vulnerable population," said Health and Human Services Secretary Marylou Sudders. "These community programs will allow us to remove barriers to treatment for people with co-occurring disorders and provide them with a structured, 24-hour residential setting to assist in their recovery."

The enhanced residential programs will provide round-the-clock services to people with moderate to severe substance use and mental health disorders in a safe, structured environment in communities across the state. The support will continue as individuals reintegrate into the community and return to work, school and their social environments. The programs will also offer appropriate substance use and psychiatric treatment services, including coordination of medications for substance use and mental health.

This includes evaluating the individual's need for medications, monitoring their medication, and introducing any of the three FDA-approved medications for treatment of opioid use disorder as clinically indicated: methadone, buprenorphine, and naltrexone. "The prevalence of co-occurring substance use and mental health disorders requires us to address the needs of these patients who may have limited access to appropriate treatment," said Public Health Commissioner Monica Bharel, MD, MPH. "These programs will go a long way in helping us fill this critical gap."

The following new programs will roll out across the Commonwealth within the next few months:

Behavioral Health Network  
Greenfield  
Behavioral Health Network

Springfield  
Casa Esperanza  
Tewksbury  
Catholic Charities  
Leominster  
Center for Human Development  
Hadley  
Community Counseling of Bristol County  
Taunton  
Community Counseling of Bristol County  
Taunton  
Dimock Community Services Corp.  
Roxbury  
Gandara  
Ludlow  
Hope House, Inc.  
Roxbury  
Living Freedom Together  
Worcester  
Lowell House  
Lowell  
Mental Health Association  
Holyoke  
Mental Health Association  
Springfield  
Mental Health Association  
Springfield  
North Suffolk Mental Health, Inc.  
Winthrop  
South Middlesex Opportunity Council, Inc.  
Framingham  
Square Medical Group  
Quincy  
Square Medical Group  
Waltham  
Steppingstone  
Fall River  
The Bridge of Central MA - Open Sky  
Douglas  
The Brien Center  
North Adams  
Veteran's Inc.  
Worcester  
Volunteers of America  
Jamaica Plain  
Volunteers of America  
Dorchester  
Washburn House  
Worcester

The Baker-Polito Administration has made major investments to address the opioid epidemic, and with its FY20 budget proposal is recommending \$266 million in funding across several state agencies for substance misuse treatment and services.

Since FY15, the Administration has increased funding for intervention, treatment and recovery supports by \$147 million, an increase of 123 percent. For the second year in a row, Massachusetts has experienced a decline in opioid-related overdoses (six percent over two years).

In partnership with the Legislature, and with funding from the federal government, the Commonwealth will continue to expand access for treatment, including for individuals with co-occurring disorders.

Anyone needing treatment for themselves or a loved one should contact the Massachusetts Substance Use Helpline at 800-327-5050 or via [www.HelplineMA.org](http://www.HelplineMA.org).

### LEGAL NOTICE



TOWN OF TEWKSBURY  
CONSERVATION COMMISSION  
PUBLIC HEARING

Request for Determination of Applicability

Notice is hereby given that the Tewksbury Conservation Commission will hold a Public Hearing on May 1, 2019, at 7:00 P.M. in the Tewksbury Town Hall Auditorium, 1009 Main Street, Tewksbury, MA 01876 on an application filed by Trina Travalgia for a Request for Determination of Applicability to raze a deck and concrete patio, and to construct an addition, deck, entry-way, and in ground swimming pool. Proposed work is within 100 feet of a bordering vegetated wetland. Said property is located at 43, Kearsage Street, Assessor's Map 100 Lot 60.

The application may be examined in the Community Development Department, 1009 Main Street, Tewksbury, MA (978-640-4370 x255), Monday thru Friday 7:30 am - 4:30 pm. Legal Notice can also be viewed on [www.masspublicnotices.org](http://www.masspublicnotices.org).

Stefania Gallo  
Conservation Agent/  
Planner  
190505 4/24/19

### LEGAL NOTICE



TOWN OF TEWKSBURY  
CONSERVATION COMMISSION  
PUBLIC HEARING

Request for Determination of Applicability

Notice is hereby given that the Tewksbury Conservation Commission will hold a Public Hearing on May 1, 2019, at 7:00 P.M. in the Tewksbury Town Hall Auditorium, 1009 Main Street, Tewksbury, MA 01876 on an application filed by Mani Property Holdings, LLC for a Request for Determination of Applicability for the construction of a deck with concrete footings. Proposed work is within 100 feet of a bordering vegetated wetland. Said property is located at 34 Longmeadow Drive, Assessor's Map 126 Lot 33.

The application may be examined in the Community Development Department, 1009 Main Street, Tewksbury, MA (978-640-4370 x255), Monday thru Friday 7:30 am - 4:30 pm. Legal Notice can also be viewed on [www.masspublicnotices.org](http://www.masspublicnotices.org).

Stefania Gallo  
Conservation Agent/  
Planner  
190530 4/24/19

### LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS  
THE TRIAL COURT  
PROBATE AND FAMILY COURT

Middlesex Probate and Family Court  
208 Cambridge Street  
Cambridge, MA 02141  
(617) 768-5800

CITATION ON PETITION TO CHANGE NAME

Docket No. MI19C0309CA

In the matter of:

Christine Rahimi-Assa

A Petition to Change Name of Adult has been filed by Christine Rahimi-Assa of Wilmington MA requesting that the court enter a Decree changing their name to: Christine Rahimi

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Middlesex Probate and Family Court before 10:00 a.m. on the return day of 05/09/2019. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Maureen H. Monks, First Justice of this Court.  
Date: April 11, 2019  
Tara E. DeCristofaro,  
Register of Probate  
190526 4/24/19

### LEGAL NOTICE



TOWN OF TEWKSBURY  
PLANNING BOARD  
PUBLIC HEARING

SPECIAL PERMIT  
FAMILY SUITE

Notice is hereby given that the Tewksbury Planning Board will hold a public hearing on May 13, 2019 at 7:05 P.M. in the Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA 01876 on an application filed by Maureen Chambers for a Family Suite Special Permit under Section 3400 of the Tewksbury Zoning Bylaw for a family suite not to exceed 1,000 square feet as shown on plans filed with this Board.

Said property is located at 583 Chandler Street, Assessor's Map 59, Lot 14, zoned Residential.

The application may be examined in the Community Development Department, 1009 Main Street, Tewksbury, MA (978-640-4370 x248), Monday thru Friday 7:30 am - 4:30 pm. Legal Notice can also be viewed on [www.masspublicnotices.org](http://www.masspublicnotices.org).

Stephen Johnson,  
Chairman  
190468 4/24, 5/1/19

### LEGAL NOTICE



TOWN OF TEWKSBURY  
CONSERVATION COMMISSION  
PUBLIC HEARING

NOTICE OF INTENT

Notice is hereby given that the Tewksbury Conservation Commission will hold a Public Hearing May 1, 2019, at 7:00 P.M. in the Tewksbury Town Hall Auditorium, 1009 Main Street, Tewksbury, MA 01876 on an application filed by Carlos & Luisa Oliveira for a Notice of Intent for the demolition of an existing porch, and construction of an addition. Proposed work is located within 100 feet of a bordering vegetated wetland. Said Property is located at 22 Maplewood Road, Map 54 Lot 9.

The application may be examined in the Community Development Department, 1009 Main Street, Tewksbury, MA (978-640-4370 x255), Monday thru Friday 7:30 am - 4:30 pm. Legal Notice can also be viewed on [www.masspublicnotices.org](http://www.masspublicnotices.org).

Stefania Gallo  
Conservation Agent/  
Planner  
190525 4/24/19

### LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS  
THE TRIAL COURT  
PROBATE AND FAMILY COURT

MIDDLESEX DIVISION  
INFORMAL PROBATE  
PUBLICATION NOTICE

Docket No. MI19P1952EA

Estate of: Donald A. Ramsay

Date of Death: February 21, 2019

To all persons interested in the above captioned estate, by Petition of Petitioner Karen S. Ramsay of Tewksbury MA a Will has been admitted to informal probate.

Karen S. Ramsay of Tewksbury MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representative appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

190494 4/24/19

### LEGAL NOTICE



TOWN OF TEWKSBURY  
PLANNING BOARD  
PUBLIC HEARING

SPECIAL PERMIT  
FAMILY SUITE

Notice is hereby given that the Tewksbury Planning Board will hold a public hearing on May 13, 2019 at 7:10 P.M. in the Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA 01876 on an application filed by Berta Cabral for a Family Suite Special Permit under Section 3400 of the Tewksbury Zoning Bylaw for a family suite not to exceed 1,000 square feet as shown on plans filed with this Board.

Said property is located at 91 Northgate Road, Assessor's Map 51, Lot 77, zoned Residential.

The application may be examined in the Community Development Department, 1009 Main Street, Tewksbury, MA (978-640-4370 x248), Monday thru Friday 7:30 am - 4:30 pm. Legal Notice can also be viewed on [www.masspublicnotices.org](http://www.masspublicnotices.org).

Stephen Johnson,  
Chairman  
190465 4/24, 5/1/19

### LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS  
LAND COURT  
DEPARTMENT OF THE TRIAL COURT  
19 SM 000540

ORDER OF NOTICE

TO: Steven M. Carlin;

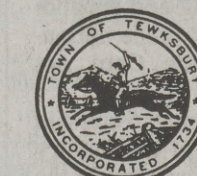
Katherine E. Carlin

And to all persons entitled to the benefit of the Servicemembers Civil Relief Act: 50 U.S.C. App. § 3901 (et seq.).

BankUnited N.A.

claiming to have an interest in a Mortgage covering real property in Tewksbury, numbered 5 Green Street, given by

### LEGAL NOTICE



TOWN OF TEWKSBURY  
PLANNING BOARD  
PUBLIC HEARING

SIGN SPECIAL PERMIT

Notice is hereby given that the Tewksbury Planning Board will hold a public hearing on May 13, 2019 at 7:15 P.M. at 1009 Main Street, Tewksbury, MA 01876 on an application filed by

Robert Ryan for a Sign Special Permit for two (2) 5' x 20' awning signs as shown on plans filed with this Board.

Said property is located at 1795 Main Street, Assessor's Map 85, Lot 3, zoned Commercial.

The application may be examined in the Community Development Department, 1009 Main Street, Tewksbury, MA (978-640-4370 x248), Monday - Friday, 7:30 am - 4:30 pm. Legal Notice also available on [www.masspublicnotices.org](http://www.masspublicnotices.org).

Stephen Johnson,  
Chairman  
190502 4/24, 5/1/19

### LEGAL NOTICE

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By-Virtue and in execution of the Power of Sale contained in a certain Mortgage given by William F. Mason and Marie J. Barysky AKA Marie J. Mason to Household Finance Corporation II, dated June 13, 2006 and recorded with the Middlesex County (Northern District) Registry of Deeds at Book 20213, Page 93, subsequently assigned to U.S. Bank Trust, N.A., as Trustee for LSF8 Master Participation Trust by Household Finance Corporation II by assignment recorded in said Middlesex County (Northern District) Registry of Deeds at Book 28500, Page 173, subsequently assigned to Citibank, N.A. as Trustee for CMLTI Asset Trust by U.S. Bank Trust, N.A., as Trustee for LSF8 Master Participation Trust by assignment recorded in said Middlesex County (Northern District) Registry of Deeds at Book 30905, Page 4, subsequently assigned to Metropolitan Life Insurance Company by Citibank, N.A., as Trustee for CMLTI Asset Trust by assignment recorded in said Middlesex County (Northern District) Registry of

Deeds at Book 31978, Page 69 for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 3:00 PM on May 15, 2019 at 2 Virginia Road, Wilmington, MA, all and singular the premises described in said Mortgage, to wit:

THE LAND WITH THE BUILDINGS THEREON LOCATED IN WILMINGTON, MIDDLESEX COUNTY, MASSACHUSETTS, BEING SHOWN AS LOTS 1 THROUGH 5, INCLUSIVE, BATES AVENUE, AS SHOWN ON A PLAN OF LAND ENTITLED 'WILLIAMS HAVEN, IN NORTH WILMINGTON, MASS., NEAR MARTINS POND, NORTH READING, MASS., EVELYN C. WILLIAMS OWNER, THE ARROW MAN, DEVELOPER, SCALE 1" EQUALS 100', WHICH PLAN IS RECORDED IN MIDDLESEX NORTH DISTRICT REGISTRY OF DEEDS IN BOOK OF PLANS 54 PALN 76, TO WHICH PLAN REFERENCE IS HEREBY REFERRED TO FOR A MORE PARTICULAR DESCRIPTION. ALSO BEING SHOWN ON TOWN OF WILMINGTON, ASSESSOR'S MAP 104 AS LOT 8, SUBJECT TO EASEMENT TO NEW ENGLAND TELEPHONE

AND TELEGRAPH COMPANY AND READING MUNICIPAL LIGHT DEPARTMENT RECORDED IN MNDRD BOOK 5527 PAGE 295. BEING THE SAME PROPERTY CONVEYED FROM MARK C. CONSERVA, TENANCY NOT STATED TO WILLIAM F. MASON AND MARIE J. BARYSKY, J/T/R/S BY DEED RECORDED 3/30/94 IN BOOK 7012, AT PAGE 315, IN THE REGISTER'S OFFICE OF MIDDLESEX COUNTY, MASSACHUSETTS. TAX MAP OR PARCEL ID NO.: 104-8

The premises are to be sold subject to and with the benefit of all easements, restrictions, encroachments, building and zoning laws, liens, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession, and attorney's fees and costs.

TERMS OF SALE: A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agree-

ment immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. TIME WILL BE OF THE ESSENCE.

Other terms, if any, to be announced at the sale.

Metropolitan Life Insurance Company

Present Holder of said Mortgage,

By Its Attorneys, ORLANDO PC

PO Box 540540 Waltham, MA 02454

Phone: (781) 790-7800 18-010520

190469 4/24, 5/1, 8/19

If you now are, or have recently been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before May 20, 2019 or you may be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, GORDON H. PIPER, Chief Justice of said Court on April 8, 2019

Attest: Deborah J. Patterson, Recorder

190514 4/24/19



## 2013 WHS graduate Zaccagnini appointed new officer in Burlington

BURLINGTON — Chief Michael Kent is pleased to announce that the Burlington Police Department appointed a new officer this evening.

Officer Brittany Zaccagnini was sworn into her new role at Monday night's meeting of the Board of Selectmen. Officer Zaccagnini is the daughter of Mark and Heather Zaccagnini of Wilmington. She will begin a 12-week field training program April 23.

Officer Zaccagnini is a 2013 graduate of Wilmington High School, and a 2017 graduate of the University of New Hampshire, where she double majored in justice and psychology with a minor in forensics. While on campus, she was involved in extracurricular programs that emphasized social justice and philanthropy.

At this early stage of her career,



From left, Chief Michael Kent, Officer Brittany Zaccagnini and Deputy Chief Thomas Browne following Monday night's swearing-in ceremony. (Courtesy photo Burlington Police)

Officer Zaccagnini has already served as an intern with the Tewksbury Police Department — learning firsthand about the roles and responsibilities of a police officer — and more recently worked as a special police officer with the Methuen Police Department.

She graduated from the Northern Essex Community College Methuen Police Academy in September, following completion of the academy's rigorous 24-week course. She was also recognized with the academy's Defensive Tactic Award.

"Officer Zaccagnini brings a unique background and set of skills that will make her an immediate asset for our department," Chief Kent said. "I want to congratulate her on beginning her full-time law enforcement career, and I'm looking forward to the contributions she will make in the Burlington community."

Officers are our company's greatest asset and we continually strive to improve our employee experience, so they feel valued and appreciated every day.

For more information about UniFirst and to explore career opportunities within the company, please visit their careers page at [UniFirst.com/Careers](http://UniFirst.com/Careers).

For more information, contact UniFirst at 800.455.7654 or visit [UniFirst.com](http://UniFirst.com).

## Forbes Magazine names UniFirst Corporation to its 2019 America's Best list

WILMINGTON — UniFirst Corporation (NYSE: UNF), a North American leader in providing customized work uniform programs, corporate attire, and facility service products, has been selected as one of "America's Best Large Employers" for 2019. The list ranks the top 500 employers across 25 different industries in the United States.

To compile the list, Forbes partnered with market re-

search company Statista to conduct an independent and anonymous online survey of nearly 50,000 workers at companies with at least 1,000 employees in their U.S. operations. The evaluation was based on two different criteria. Participants were asked to rate — on a scale from 0 to 10 — their willingness to recommend their own employer to friends and family. In addition, participants were requested to evaluate other em-

ployers that stood out either positively or negatively in their respective industries.

"We are incredibly proud to be honored as one of 'America's Best Employers' this year," says Steven Sintros, president and CEO of UniFirst Corporation. "I'd personally like to thank our thousands of employee Team Partners who took the time to share their positive impressions of UniFirst. Our employee Team Part-

ners are our company's greatest asset and we continually strive to improve our employee experience, so they feel valued and appreciated every day."

For more information about UniFirst and to explore career opportunities within the company, please visit their careers page at [UniFirst.com/Careers](http://UniFirst.com/Careers).

For more information, contact UniFirst at 800.455.7654 or visit [UniFirst.com](http://UniFirst.com).

## Town Meeting begins on Saturday, May 4 at WHS auditorium

MEETING FROM PAGE 1

an article to put sidewalks on Shady Lane; and an article suggesting the reconstruction of part of the Woburn Street School parking lot.

Next, there's a proposal to purchase a new data center for the school district and a lot of places for money to be allocated into new accounts. There are recommendations to move money to the Other Post Employment Liability Trust Fund, Capital Stabilization Fund, Employee Retirement Benefits, and the new PEG Access and Cable Related Special Revenue Fund. Then there's money to be paid to the Middlesex Retirement System and the Road Surface Crack Sealing in addition to renewal pay-

ments for the Veterans of Foreign Wars and American Legion Clubhouses.

As always, the recommendations suggest putting aside money for the 4th of July, Veterans' Day, and Memorial Day celebrations. Then there are new streets to be officially accepted: Mink Run Road and Pomfret Road. Another article is devoted to releasing the results of Adam J. Silva's score on the civil service entry-level firefighter exam.

Other improvements suggested are changes to the town's inclusionary zoning by-law. The full list of changes can be read in the recommendations but includes specifying a maximum density of eight units per acre; for all 55+ housing to include at least 15 percent affordable units; and new sections cov-

ering purpose and intent, applicability, siting and design, marketing and affordability, and more. Everything up to this point is recommended for approval.

The only places where the Finance Committee and Planning Board don't approve are for two rezoning articles and one article suggesting the Board of Selectmen sell Lot 59. Suggested rezoning pertains to 47 and 54 McDonald Road and 14 and 17 Royal St., for all parcels to change from Residential 60 to Residential 10. Finally, Lot 59, formally known as Park Road, was determined unnecessary for municipal purposes by the Town Manager.

The complete recommendations are available and already have been mailed to all

residents. The packet also contains a reminder for residents to vote on Saturday, April 27. Voting for precincts 1 and 2 will take place at the Boutwell School, precincts 3 and 4 at the Wildwood Street School, and precincts 5 and 6 at the Town Hall Auditorium. The Town Meeting on Saturday, May 4 will start at 10:30 a.m. in the WHS Auditorium.

## Council not ready to end billboard talk

BILLBOARD FROM PAGE 1

on the northern edge of its 15-acre office park, which overlooks I-93 southbound just by the Wilmington line.

A second sign would be placed along I-93 northbound near Montvale Avenue by Unicorn Park.

Presently, billboards are prohibited in the entirety of Woburn. The new ordinance would lift that ban by legalizing digital signs, which cannot exceed 700 square feet, along a 1,950-foot long stretch of the IP-2 district between Wilmington and Commerce Way — right by American Tower's headquarters.

A second billboard district would be created along a 2,850-foot length of I-93 northbound by Montvale Avenue in the office park by I-93 or OP-93 zoning district.

Based upon the zoning language, no sign could stand taller than 80-feet, and signs must be situated at least 2,500 feet apart (exceeding state and federal standards that require a 1,000 foot distance between billboards along highways).

An earlier version of the legislation, which was rejected by the Planning Board earlier this month, had called for a 600 foot spacing between signs. However, by increasing Woburn's threshold to 2,500 feet, the proposed ordinance would only allow for

two new billboards to be situated along I-93.

"It would limit the addition of billboards [in Woburn] to one on each side of the highway," Tarby explained.

According to American Tower representative Brandon Ruotolo, with the wireless communication industry undergoing sweeping changes as part of the planned switch to ultra-fast 5G networks, his firm has also expanded into new markets, including into the data center and fiber optic industries.

Many technology experts, referring to the hardware needed to unroll the so-called "Internet-of-Things," have predicted wireless communication firms will rely less on traditional cell towers in the years to come, as 5G networks require the vast proliferation of smaller antenna arrays.

Already, American Tower has begun making that transition towards focusing on small-cell canister antennas and similar hardware like distributed antenna systems. As part of that expansion, Ruotolo explained the firm has also taken an interest in the advertising and billboard industry.

Apparently learning from the pitch he made earlier this month to the Planning Board, Ruotolo made no mention of American Tower's interests in creating an "interactive"

billboard that would be capable of pushing advertisements directly to consumers through their cell-phones as they drove by the digital signs.

His reference to that research and development work backfired during the Planning Board discussions, when the city officials blasted the concept as being patently unsafe.

However, the council, like the Planning Board, had little patience for Ruotolo's pitch, especially his airing of a promotional video that explains American Tower's business operations.

"I felt that was really a waste of our time," said Anderson, after that video was shown. "If you could be brief and on point, we'd appreciate it. It's late, and a lot of people are here."

In fact, not a single member of the council indicated they were willing to seriously consider the zoning change. "You have no regulatory control over them. I don't want Woburn to turn into Boston or Las Vegas. We don't like billboards, and we don't need them," said Gately.

"I consider them to be a blight and I also have concerns about the safety of these billboards. I consider them a text message in the sky," later commented Alderman at-large Michael Con-

## Dr. Katelyn Thomas to take over for chiropractor Dr. Michael Thomas

By LIZZY HILL  
News Correspondent

WILMINGTON — Chiropractor Dr. Michael Thomas has resumed his practice with the help of his daughter Dr. Katelyn Thomas as of March 1 since he closed in October of 2018. According to Dr. Katelyn Thomas, her father had open-heart surgery on Oct. 31 and just recently re-opened his practice as his health is back in a good place.

Dr. Michael Thomas has been a chiropractor for over 40 years, operating from his own house in Wilmington before he moved his practice in 1989 to 200 Jefferson Road Suite 106. He has four children including Katelyn — the others being his oldest, Kristen; Katelyn's twin, Kimberly; and his youngest son, Michael Jr.

Dr. Katelyn Thomas shared that she found her desire to be a chiropractor as she grew up immersed in her father's business.

"As I got older I realized that not everybody went to a chiropractor," she said. "I saw a vast discrepancy between modern medicine and natural healthcare."

Now, it's her profession of choice as she creates a clear path to step into her father's shoes.

Katelyn Thomas graduated from Wilmington High School in 2002 with a dream of using her hands to help people in a natural approach to being healthy. She got her undergraduate degree from the University of New Hampshire before moving to the New York Chiropractic College for both her doctorate in chiropractic and Master's in Anatomy. Finishing at NYCC, Thom-

as moved to Seattle to start learning chiropractic techniques in actual practice.

"It was good for me to spread my wings and work for a couple of different larger group practices," she continued. "It was easier for me to learn about running a business and how different chiropractors run their practice."

She described her time in Washington as a period full of personal and professional growth, where she learned what she wanted to do and what she didn't want to do from experience.

After nine years, she decided to come home to Wilmington to help her father reopen his practice when he was ready to return to work. Now, she's grateful for the opportunity to be learning firsthand at her father's practice. She explained that Dr. Michael Thomas has extremely specialized skill as one of the only applied kinesiologists in the country.

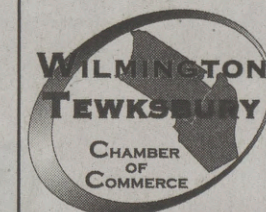
While Dr. Michael Thomas resumes his practice, his daughter is shadowing him when he's there and taking clients on her own time when he's not. The pair enjoys working together as Dr. Katelyn Thomas gets to know the intimate details of the job and the patients.

Thomas expressed her gratitude for her father's existing patients who have become like second family as she's looking for more patients to see.

"We're also extending our hours," she added.

Her number one priority right now is to be able to step in and take care of people as well as Dr. Michael Thomas has.

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## Chamber Corner

Wilmington/Tewksbury Chamber of Commerce  
226 Lowell St., Suite B4A 978-657-7211  
Wilmington, MA 01887 [www.WilmingtonTewksburyChamber.org](http://www.WilmingtonTewksburyChamber.org)



## POWER OF FLOWERS

PROJECT  
[www.pofproject.org](http://www.pofproject.org)

The Power of Flowers Project (POFP) has modest beginnings in Dunstable when in 2009, founder and florist Joyce Bellefeuille began repurposing donated flowers from one-time events. They delivered 9 bouquets weekly to seniors and others who might feel isolated or forgotten. Today, under the creative hands of 100+ volunteers, POFP delivers 400 bouquets weekly to residents in nursing homes, assisted living facilities, Meals on Wheels clients, Veterans events and more. We will soon deliver our 100,000th bouquet!

The Power of Flowers Project is a 501(c)(3). Our workshop is on the Tewksbury Hospital Campus. Our mission is to bring moments of joy, one flower at a time, to individuals in care communities by delivering beautiful bouquets of repurposed flowers.



This member profile is provided by the Wilmington/Tewksbury Chamber of Commerce. To have your business highlighted here contact Executive Director Nancy Vallee at 978-657-7211.

## Upcoming Chamber of Commerce Events

### Chamber Golf Classic

Date: Monday, April 29  
Time: 8:00 am Shotgun Start  
Place: Tewksbury Country Club  
Visit [www.wilmingtontewksburychamber.org](http://www.wilmingtontewksburychamber.org) for details to play or sponsor this event.

### Multi-Chamber Women in Business Networking

Date: Monday, April 29  
Time: 5:30 pm – 7:30 pm  
Place: Bellevue Country Club, Melrose  
Cost: \$10 Members, \$20 Guests

### Small Business Week Celebration

Date: Wednesday, May 8  
Time: 5:30 pm – 7:30 pm  
Place: Rocco's Restaurant, Wilmington  
Celebration for Local Business Owners:

10% Advertising Discount for Wilmington/Tewksbury Chamber of Commerce members.  
Ask at 617-939-6870 [bruce@yourtowncrier.com](mailto:bruce@yourtowncrier.com)



## Board concerned about less stops

STOPS FROM PAGE 1

sought an answer from MBTA officials, who responded that assessment is based purely upon municipality population, and that a reduction in train count "...will not affect assessment fees."

Selectman Michael McCoy expressed concern that residents would not be able to take advantage of public transit into the city as frequently as they currently can.

"There are some folks that do want to use that train at certain times of the (day)," said McCoy, noting that if the town is paying the same amount for the service, it should continue to be made available.

Selectman Jonathan Eaton agreed with McCoy, and also voiced concern about future implications of such a decision.

"I'm very hesitant to set a precedent where we're eliminating flag stops," Eaton said.

Eaton also suggested that the board maintain a close dialogue with public safety officials to ensure that progress to improve the safety of the crossing continues. (At the April 8 meeting, fire chief Joseph McMahon noted that the number of cases of the roadway being entirely blocked in 2019 have decreased compared to 2018.)

He noted that the MBTA will update schedules again in six months, and that if progress at that point has slowed or reversed, the board should revisit the flag stop measure.

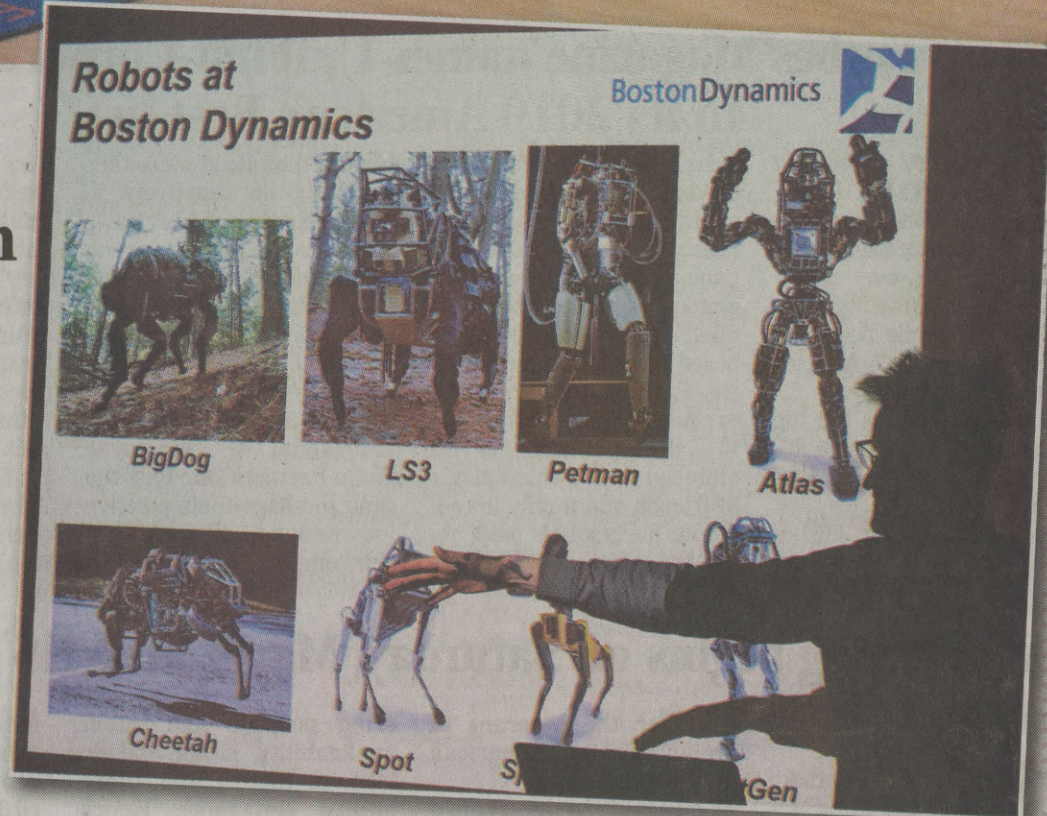
"If there is a regression in the progress that's been made in the past few months, then certainly they're going to have some input that I would find very persuasive," said Eaton.



## Boston Dynamics Robotics presentation at Wilmington Public Library

▲ Robotics Engineer Blake Brasher from Boston Dynamics in Waltham enlightens and entertains kids and adults at the Wilmington Public Library. (photos: BruceHilliard.com)

► Blake Brasher shows off the various robot versions Boston Dynamics builds.



# Herb Chambers



### MANY MORE ARRIVING DAILY

2013 Ford Fusion SE FWD K2280A, Auto., Silver, 92K miles	\$9,498
2016 Kia Forte LX Popular Pkg. K2633, Auto., Aurora, 18K miles	\$13,998
2015 Kia Optima EX Premium K2578, Auto., Silver, 32K miles	\$16,998
2016 Kia Sportage LX AWD w/sunroof K2593, Auto., Silver, 30K miles	\$17,598
2016 Kia Sportage LX AWD K2629, Remote Starter, Auto., Black Cherry, 19K mi.	\$17,998
2016 Kia Sportage LX AWD K2619, Auto., Black Cherry, 10K miles	\$17,998
2016 Kia Optima EX Premium Pkg. K2611, Auto., Titanium Silver, 28K miles	\$18,998
2016 Honda CRV LX AWD K2008A, Auto., Gray, 34K miles	\$18,998
2016 Kia Sportage LX AWD K2095A, Auto., Blue, 10K miles	\$18,998
2016 Honda Civic EX K2626, Auto., White, 28K miles	\$19,598
2017 Kia Sportage LX AWD K2606, Popular Package, Clear White, 33K miles	\$19,598
2017 Kia Sportage LX AWD K2605, Auto., Hyper Red, 26K miles	\$19,598
2014 Ford Explorer Limited K2584A, Auto., White, 84K miles	\$19,998
2016 Kia Sorento LX AWD K2616, 4 cyl., 3rd, Conv. Pkg., Plat. Graphite, 35K mi.	\$19,998
2016 Kia Sportage LX AWD K2579, Auto., Black Cherry, 22K miles	\$19,998
2016 Kia Sorento LX FWD K2570, Auto., 4 cyl., 5 Passenger, White, 4K miles	\$19,998
2016 Kia Sorento LX AWD K2615, 4 cyl., 3rd Row, White, Conv. Pkg., 39K miles	\$19,998
2016 Kia Sorento LX AWD K2589, 4 cyl., 3rd Row, Black, Conv. Pkg., 25K miles	\$20,598
2016 Kia Sorento LX AWD K2608, 4 cyl., 3rd. Row, Conv. Pkg., 28K miles	\$20,598
2016 Kia Sorento LX AWD K2618, V6, 3rd Row, Sangria, Conv. Pkg., 21K miles	\$21,998

### TOP \$\$ FOR TRADE-INS!!

## THIS WEEK'S Specials

### 2004 Mercury Grand Marquis GS

Auto • Silver • 61K miles



#12382A

\$6,998

### 2013 Ford Fusion SE FWD

Auto • Silver • 92K miles



#12280A

\$9,498

### 2011 Cadillac CTS 3.6 Coupe

3.6L AWD • Silver • 99K miles



#12305A

\$12,498

### 2016 GMC Sierra 1500 4.3 V6

Auto • Black • 20K miles



#K2624

\$28,998

### 2016 Toyota Tundra Limited

Crewmax • Black • 43K miles



#K2583

\$36,998

### 2017 Mercedes-Benz GLE350

4matic Sport Utility • White • 27K



#12306A

\$41,998

### IT'S TIME TO TRADE UP!

2016 Kia Sportage EX Prem AWD K2598, Auto., White, 29K miles	\$22,498
2017 Kia Sportage EX Prem. Package K2632, Auto., Mineral Silver, 19K miles	\$22,998
2017 Kia Sportage EX Prem. Package K2631, Auto., Sparkling Silver, 13K miles	\$23,498
2016 Kia Sportage LX AWD K2630, Black, 136 miles	\$23,998
2016 Kia Sedona EX K2552, Auto., Beachwood Pearl, 27K miles	\$25,998
2016 Kia Sorento EX AWD 5-Pass. K2590, Auto., Remington Red, 15K miles	\$25,998
2016 Kia Sorento SX AWD 3rd Row K2592, Auto., Dark Cherry, 39K miles	\$25,998
2017 Kia Sorento EX AWD 3rd Row K2559, Auto., Black, 30K miles	\$26,598
2016 Honda Pilot EX AWD K2593A, Auto., Green, 20K miles	\$27,598
2016 Kia Sorento SXL AWD K2540A, Auto., 3rd Row, Titanium Gray, 34K miles	\$27,998
2016 Jeep Wrangler Unlimited Sport K2580, Auto., Silver, 30K miles	\$28,998
2016 Jeep Wrangler Unlimited Sport K2587, Auto., White, 45K miles	\$28,998
2016 Ford Explorer Sport AWD K2587, Auto., White, 45K miles	\$28,998
2017 Ford F-150 XL 2.7L Eco Boost K2612, XL Sport Appearance Pkg., Auto., Blue, 24K mi.	\$32,998
2016 Toyota Highlander XLT AWD K2572, Auto., White, 24K miles	\$33,998

### 2017 Jaguar F-Pace 35T 3.0 L

V-6 • Super Charged • Red • 19K mi.



#K2545A

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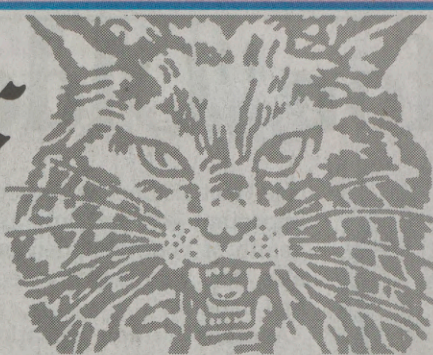
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WEDNESDAY, APRIL 24, 2019

Seniors Rob Fullerton and Chris Pennie

## Friends, teammates, help turn Rivier program around

By MIKE IPPOLITO  
Sports Correspondent

[sports@yourtowncrier.com](mailto:sports@yourtowncrier.com)  
NASHUA, NH - The past couple of seasons have been tough ones for the Rivier University Men's Lacrosse team, with the Raiders finishing with a losing record in each of those seasons, including last year's 6-10 campaign. But that has all changed this season, with the Raiders having one of the best seasons in the ten year history of the program, sporting a 10-3 record with one game remaining in the regular season.

There have been many factors to the team's success of course, including a senior laden, well experienced roster. But two of the biggest reasons for the turnaround are from right here in Wilmington, as senior midfielder Chris Pennie and senior attack Rob Fullerton are in the midst of the best seasons of their respective careers.

The dynamic duo, both 2015 graduates of Wilmington High where they starred for the Wildcats, have exceeded all expectations this season. Fullerton is currently third on the team with 34 goals, while also adding 16 assists, for a total of 50 points, which is also third on the team. Pennie meanwhile is tied for the team lead in assists with 21, while also adding ten goals of his own for a total of 31 points.

But as great as the season has been individually for



Wilmington residents Rob Fullerton, left, and Chris Pennie, right, have enjoyed strong seasons and careers while competing on the Rivier College Men's Lacrosse team. (courtesy photo).

each player, it has been the team's accomplishments that has each of them most excited as they prepare for

the upcoming Great Northeast Athletic Conference (GNAC) playoffs, which are set to begin

this Saturday.

"This year has been a lot of fun for us," Pennie said. "Coming into the season we

knew we had a lot of potential, so capitalizing on that and accomplishing our goals has been really fun to be a part of."

"It has been great, seeing it's my senior year and final year of playing collegiate lacrosse," Fullerton said. "All of our seniors have worked hard for three years for this season and it has worked out because we finally got our first home playoff game in Rivier Lacrosse history."

Both players also agree that while they have been among the top scorers for the Raiders this season, the team's success goes much deeper than just their offensive firepower.

"We've had a lot of noticeable differences this year but I think it all comes back to the leaders on this team," Pennie said. "We have ten seniors (including Tewksbury's Sean Brady, a midfielder) and each one of us has embraced a leadership role this year. Everything we do starts with the seniors and the underclassmen have done a great job of buying in and following the seniors' lead, which has brought us a lot of success."

For Fullerton, it has been a great experience seeing this group of seniors come together as a group and perform as well as they have.

"The difference this year is our leadership from the captains to our ten senior leaders that all lead by example on and off the field,"

Fullerton said. "Having this many seniors has helped bring the team together and have everyone working towards one common goal. Also we have been spreading 'good vibes' across the whole team from coaches to players that we really never focused on before and it really has been working in our favor."

Rivier coach James DeLanoy, who is in his fifth year coaching the Raiders, has done a great job of turning the program around. He led the Raiders to the first two winning records in school history in 2015 and 2016, and knows that Pennie and Fullerton have been a big reason for the team's success this season.

"The success of this year's team stems from having a great group of ten seniors who all want to leave a positive legacy," DeLanoy said. "The senior class is the largest in program history and they have been essential to the leadership of our entire team. Both Chris and Rob are a big part of our group of seniors who are all leading our team in the right direction every day."

Pennie and Fullerton have both been a bit of a surprise this season with their offensive exploits. Pennie, who was more of a faceoff specialist in previous years, winning 233-of-494 faceoffs in his career, has taken on a more prominent role this season. Although he has

RIVIER PG SP3W

### WHS Sports Round-Up: Lax, G Tennis & Softball

## Wildcats drop a pair of games to Triton and Reading

By MIKE IPPOLITO  
& JAMIE POTE

[sports@yourtowncrier.com](mailto:sports@yourtowncrier.com)  
READING - The Wilmington High Boys Lacrosse team suffered a pair of losses this past week, dropping a 16-9 decision to Triton last Thursday before falling by a score of 15-5 to Reading on Tuesday.

The losses dropped the Wildcats record on the season to 1-4 overall, but first year coach Zach McDannell saw plenty of encouraging signs from his team in both games that he feels will help his team as the season goes on.

In the loss to Reading, McDannell was proud of the way his team battled against a very talented opponent.

"Going in the guys definitely knew they were facing a very tough opponent, but they had a very positive attitude," McDannell said. "They knew they had to step up and I thought they did. The score does not reflect it, but we played very well."

The Wildcats trailed 7-2 at the half as they struggled somewhat on defense, but McDannell felt like they improved defensively as the game went on.

"I know it might not seem like it, but I was very happy with the way we played defensively in the second half," McDannell said. "I was talking to my assistant coach, Craig Turner about it, and we both felt like in that matter of just one hour of playing against a very talented Reading team, we showed a lot of improvement and hopefully got a lot out of it."

Wilmington was led on offense by junior midfielder Christian Robarge who had two goals, while junior attack Zach Kincaid had a goal and two assists and senior attack Ben Wright had

one goal and one assist. Senior attack Nolan Fitzgerald also added a goal, while senior midfielder Connor Benoit had two assists.

Senior goalie Ryan Murphy meanwhile made a remarkable 17 saves in net.

"Ryan was just incredible," McDannell said. "He played a great game."

While the 16-9 loss to Triton last Thursday was a little closer, McDannell felt like his team could have played a little better in what he viewed as a very winnable game.

"We came out kind of slow, and unfortunately that can kind of set the pace for the game and Triton capitalized on it," McDannell said. "We are looking forward to playing them again. Offensively everything was there. The chemistry between the boys was there, but we just struggled on defense."

Wright led the offensive charge in this one, with three goals and an assist, while senior attack Andrew Sullivan had two goals and two assists, Benoit had a goal and two assists and Kincaid had a goal and four assists. Freshman Gavin Erickson also stepped up for the Wildcats with two goals and an assist.

The Wildcats will be back in action on Thursday when they take on Melrose in a road game, before returning home to take on Burlington next Tuesday afternoon.

### GIRLS LACROSSE

An 18-2 home loss to Reading on Tuesday afternoon wrapped up an 0-3 week for the Wilmington High Girls Lacrosse team, who saw their record drop to 1-4 on the season with the three defeats.

First year Wildcats coach



Wilmington High Senior Connor Benoit tries to get a handle on a loose ball with two Triton defenders on him during last Thursday's home game. (photo by Bob DeChiara).

Bill Manchester did not think his team played poorly against Reading, he simply felt like his team just came up against a juggernaut which could not be stopped, at least this time around.

"They were fast, and they were good," Manchester said. "They were like a well oiled machine. As coaches we saw some bright spots. I actually thought we played better in this one than we did on Friday (a 17-9 loss to Danvers). I told the girls that if we play like we did today against other teams, we will win some games."

Senior midfielders Molly Foley and Cassidy Collins had the Wildcats goals on the day.

The Wildcats were rather inconsistent in their other two losses on the week, playing very well despite losing to Triton by a score of 15-9 last Thursday before having a game they would rather forget the next day in a 17-9

ROUND-UP PG SP6W

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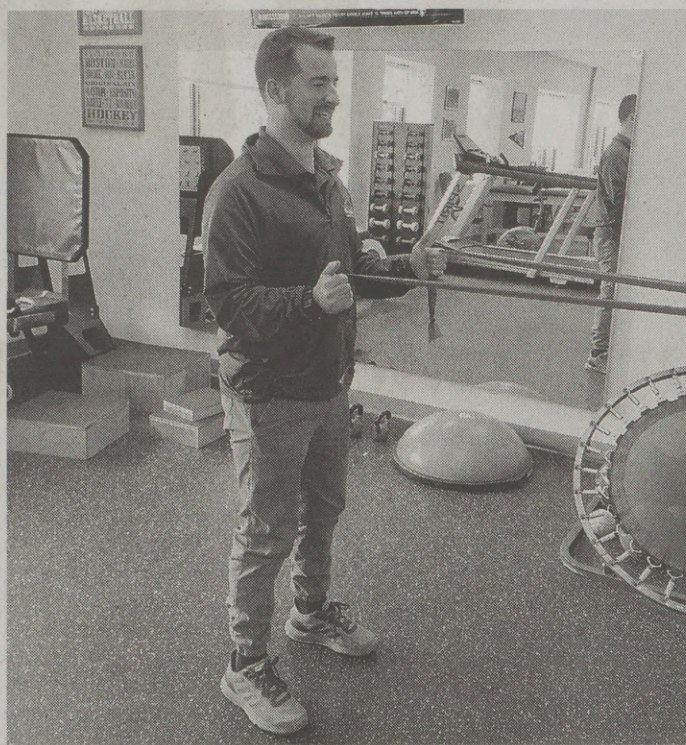
# Injury Prevention for "Older" Ball Player

By GREG CROSSMAN  
Guest Columnist

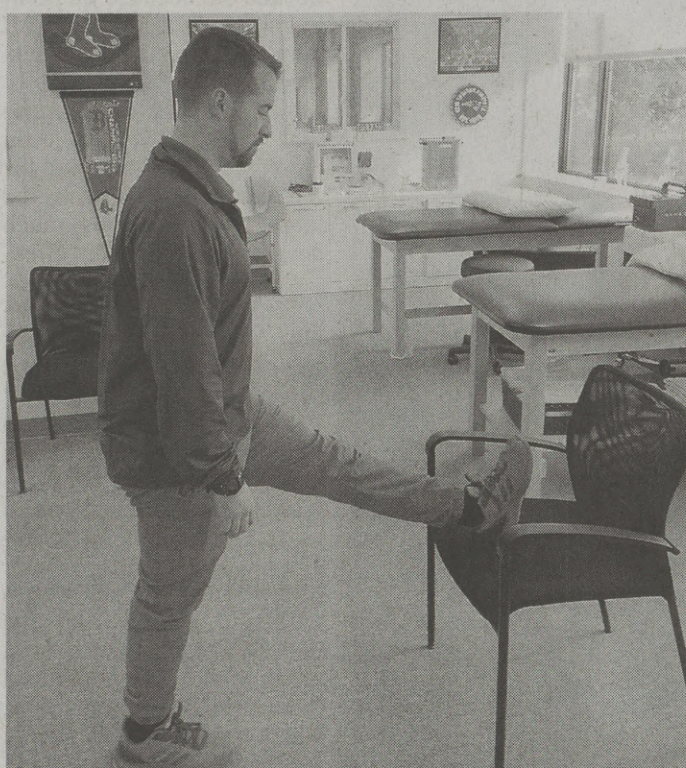
There's nothing like the feeling of jogging out onto a baseball or softball field to take some grounders or shag some fly balls. The smell of fresh cut grass, the feeling of the dirt under your cleats, the crack of the bat. If it doesn't make you feel like a kid again nothing will! These sports are not just for the young. An estimated 10 million participants take part in casual baseball and softball leagues in the U.S. each year. Most articles on injury prevention in baseball and softball are designed, however, for youth players or high level professional, college or high school players. This article will give some tips to the recreational players who truly just play for the love of the game.

Whether you are in your 20's and want to play ball after a college or professional career, or in your 40's or 50's and want to return to play after years away from the game, here are a few specific considerations, as well as some exercises and stretches to address them.

You are very likely not as active during the day as you were when you last played. You may now have a job where you sit for much of the day at work and then sit again during your commute to and from the office. All this sitting does a number on your posture and poor posture has been shown to lead to an increased risk for shoulder and elbow injury in baseball players. Doing some exercises to offset forward posture such as the row exer-



ABOVE, THE ROW EXERCISE AND BELOW THE HAMSTRING STRETCH.



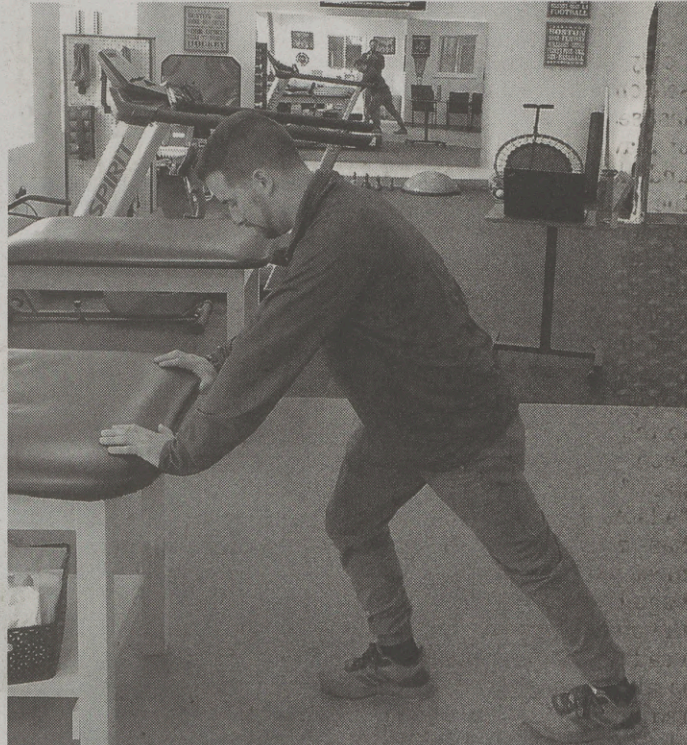
cise (pictured below) is very important for not only the health of your shoulder, but also for your elbow, neck and back.

Another consideration related to sitting is hamstring tightness. Sitting leaves the hamstrings in a shortened position. When left in this position for long periods, your hamstrings will become tight and inflexible. If your hamstrings are tight and you try and sprint to field a grounder in the hole or leg out a double, you can end up with a hamstring tear. Performing a simple hamstring stretch (shown below) will help improve hamstring flexibility.

A third injury consideration for the recreational baseball and softball player are calf and achilles tendon tears. Baseball and softball are sports that require athletes to go from standing relatively still to a full sprint. Tight calves can lead to muscle strain or, even worse, an achilles rupture. The stretch shown below can help loosen up tight calves and reduce your likelihood of injury.

These exercises and stretches should be performed throughout the day and can easily be done at home or in the office. You simply can't offset a day's worth of sitting with a few quick stretches or light warm up before you go on the field. Incorporate these stretches into your daily routine regularly and they will help keep you on the field and feeling like a kid again!

If you have any questions or would like more informa-



CALF STRETCH

tion, contact Greg at [gcrossman@completegamept.com](mailto:gcrossman@completegamept.com). Complete Game Physical Therapy, 978-710-7204 or

## Sign up to walk, run or volunteer at 9th annual Forte Memorial Event

With less than two weeks left, this is the perfect time to register for the 6th Annual 5K Run For Wilmington + Kim Forte Walk. Avoid lines this year by registering in advance of the race. This year's race will be taking place on Sunday, May 5 at 11:00 am from the Wilmington town common. This is a great family event, so please spread the word to your family and friends.

To register, go to this web address: <http://onewilmington.org/events/5k-road-race/>

Additional road race information can be found on our website at [www.onewilmington.org](http://www.onewilmington.org)

We are also looking for race weekend and race day volunteers. You don't have to be a runner to be involved in this exciting community event. It is also a great community service opportunity for High School students.

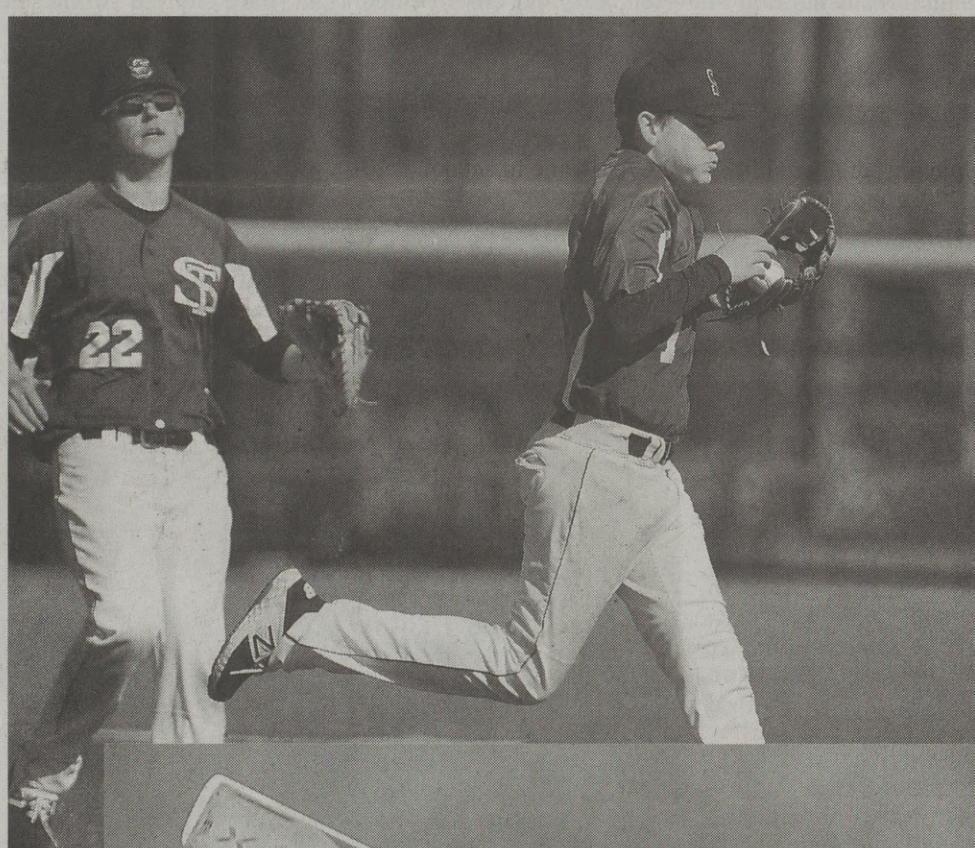
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Left, Connor Maguire of the Shawsheen Tech Baseball team makes a catch for an out while he gets help back-up from Russell Cook and to below, Wilmington High senior co-captain Gavin Kelsey makes contact with a pitch, both during the earlier season game between the Rams and Wildcats.

(photos by Bob DeChiara).



## Co-Ed Learn to play Lacrosse Program

Wilmington Youth Lacrosse Association is excited to announce the return of the co-ed Kinder learn-to-play lacrosse program for the Spring 2019 season.

This program includes six weeks of beginner skills, fun games and scrimmages. All equipment is provided for use each week. Players will receive a program t-shirt for participating.

To register please visit our website [www.wilmingtonlax.com](http://www.wilmingtonlax.com)

Cost: \$50.00; The event will take place Saturday afternoons - 1pm - 2pm - 4/27, 5/4, 5/11, 5/18, 6/1, 6/8 (no sessions on Memorial Day Weekend) at the Woburn Street School Field.

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# Friends, teammates help turn Rivier Lacrosse program around

FROM PAGE SP1W

only started one game this season after starting eight last season, he has seen a lot of playing time this season, and has made the most of the opportunity with his career year. His previous career high for assists was three, but that was in a much more limited role.

"I look on a completely new role this year that definitely made me look better in the stat book but it's just been everyone doing their part," Pennie said. "Adapting to the new role has been smooth for the most part. Rob has been a huge help for me along with the other seniors on offense. Leading the team in assists is all well and good but it's really just been everyone else doing their job, showing up under my stats."

"This year I start at offensive middle, which isn't on the field for the opening face-off. I actually get a lot more minutes with the new role so it worked out well."

Fullerton has also seen an increase in his playing time this season. After starting a total of five games the previous two seasons and scoring a career high six goals last season, he has become one of the Raiders most reliable scorers this season with his 34 tallies while starting all 13 games. Fullerton says there have been several factors in his improved numbers.

"It has been a number of things, from getting to start every game of the season to the chemistry I have gained with my teammates over the last three seasons," Fullerton said. "Having ten seniors that all have big roles on the team has helped me be successful on the field because we all have confidence in each other and we enjoy seeing each other succeed on the field. The 34 goals are nice and all but I know I could not have done it without the rest of the

team doing their jobs."

Fullerton has been particularly hot as of late, with four goals in each of the past two games in wins over Emmanuel and Northern Vermont-Johnson.

"I wouldn't say I am peaking but I did have some good games over the last two," Fullerton said. "I do believe this will give me some confidence going into playoffs seeing that we will most likely be playing against the same team (Emmanuel) which we beat 12-11 last Wednesday. Hopefully I will have just as good of a game if not better so we can advance to the semi finals."

DeLanoy has obviously been very happy with what he has seen from the two former Wildcats in their increased roles.

"Last year Rob did a great job in the role he was asked to perform in. This season he has been a starting attack man from day one. He has fully bought into how we want to and expect to do things. He has been setting the example for our younger guys in many ways," DeLanoy said. "In previous seasons we leaned hard on Chris to take the vast majority of our face-offs. This season his role shifted gears to contribute as an offensive midfielder and he has done a great job of seeing the field and distributing the ball at our offensive end."

Making this season, and their careers overall, even better has been the opportunity to experience it together. The pair had been friends as teammates with the Wildcats, but they have formed and even tighter bond as college teammates and roommates.

"Having Rob has been a weight off my shoulders, this year especially. He's been working harder than anyone this year and it's definitely been paying off for him,"

Pennie said. "I think our chemistry has been a huge help for us both on and off the field. Most of my assists have been to him and he's set me up for most of my goals this year. It seems like no matter what's going on in the game me and Rob know what to expect from each other. It's nice to have that consistency when everything else is constantly changing."

Fullerton has been equally as happy to share the team's great success with Pennie.

"It has been an honor to have him as a teammate. We have roomed here at Rivier for four years as well. We have just gotten closer each year whether it's on or off the field," Fullerton said. "In high school we were friendly but not nearly as much as we are now and I have to be honest, I never pictured us being college roommates."

"Overall we have been in many classes throughout the years here at Rivier as well seeing we both study Business Management. We both have been huge influences on each other and it has helped me throughout my whole career in school and on the field. These four years flew by and really can't believe it's all coming to end."

Of course Fullerton and Pennie, along with the rest of the Raiders are hoping the end does not come too quickly. Their fourth place finish in the GNAC regular season assures them of a home game in the quarterfinals of the GNAC Tournament against a yet to be determined opponent, as the Raiders will attempt to get the first playoff win in program history.

"To be completely honest we've been looking forward to playoffs for a while now," Pennie said. "This year is the first time in school histo-



During the Rivier College Men's Lacrosse team's Senior Day, above, Rob Fullerton poses with his Sharon and Bob and below, Chris Pennie joins his parents Erin and Ron, with sister Meagan.



ry we will have a home playoff game so we're all excited for that atmosphere.

"The first round is Saturday and depending on how the seeding works out this week we will be playing one of three teams in the first round, all of which we beat this year. We've been working really hard to get

ready for round one and having a home crowd is going to be a huge advantage for us."

Both Pennie and Fullerton will be completely ready to go come faceoff time on Saturday.

"I'm ecstatic for playoffs!," Fullerton said. "Having home field advantage for the

first round is going to be a huge advantage because we have never had it before and neither have we ever won a playoff game. So this being my last chance at a GNAC championship, I believe this is the best position we have ever been in to win that conference championship."



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## Shawsheen Tech Sports Round-Up

## Both Rams' Track teams dominate Gr. Lowell

By MIKE IPPOLITO  
Sports Correspondent

sports@yourtowncrier.com  
BILLERICA -- Keeping their undefeated records intact, both the Boys and Girls Track teams at Shawsheen Tech came up with big wins over Greater Lowell on Tuesday afternoon at the Charles H. Lyons Athletic Complex.

The Girls got by the Gryphons by a score of 88-48, while the Boys rolled to a 99-37 victory, as both team teams improved to 5-0 on the season.

On the girls side, the Rams were led by several athletes with outstanding performances in multiple events, starting with senior captain Alex DiPerri who took first place in the 100 meter dash in a time of 13.79, while taking second in the long jump with a distance of 14-09.00 and second in triple jump with a distance of 31-07. DiPerri was also part of the first place 4x100 relay team along with Karissa Rogato, Alana DeSalvatore and Susanna Gills, which finished in a time of 54.99.

In addition to being part of the 4x100 relay team, Gillis also took first place in the 200 meters in a time of 28.30, as well as the long jump with a distance of 15-01.00 and the triple jump with a personal best distance of 32.02.50.

Senior captain Ivana Wisky of Tewksbury was also outstanding for the Rams while competing in a pair of distance events. Wisky took first place in the two mile in a time of 14:32.87, while earning a second place finish in the 800 meters in a time of 2:53.8.

Other outstanding efforts for the Rams included senior captain Sam Moriconi who took first place in both the shot put with a personal best distance of 33-06.75 and the discus with a distance of 76-06. Moriconi also earned a third place finish in the 110-meter hurdles with a time of 20.59.

Also providing the Rams with outstanding efforts were Shelby Bourdeau, who took first place in the 400-meter hurdles in a time of 1:21.40, and second in the

110-hurdles in a time of 17.98, along with Jacqui Megna who was second in the one mile with a time of 6:55.91 and third in the 800 in a time of 3:09.29.

Brooke Bicknell earned a first place finish in the javelin with a throw of 81-08, while Shannon Fitzgerald was second in both the high jump with a height of 4-06.00 as well as the triple jump with a distance of 29-07.00.

On the boys side, the Rams were led by several outstanding efforts, but perhaps none better than Stephan Saint-Juste, who took first place in the high jump with state qualifying height of 5-10, while also winning the 800 meters in a personal best time of 2:09.80.

Ralph DeRosiers meanwhile won both the 100-meters in a time of 11.98 and the 200 in a time of 24.10 keeping his undefeated record in both events intact, while Mike Reppucci of Tewksbury won the 110-hurdles in a personal best time of 17.71, while taking third in the long jump with a distance of 17-07.00.

Other locals who had big days for the Rams included Jason Myers of Tewksbury, who was second in the 400 meters in a time of 54.29, while also taking second in the long jump with a distance of 18-03 and winning the triple jump with a distance of 38-00.

Wilmington's Derek Costello took second in the 400 hurdles in a time of 1:02.62, while fellow Wilmington resident Gavin Pigott was second in the 800 in a time of 3:12.85, and Tewksbury's Stephen Basler was second in the two mile in a time of 11:43.87.

Other winners for the Rams included Ryan Smith in the two mile in a time of 10:52.11, Joe Bova in the discus in a time of 17-06, and Tyler Archibald in the 400 meters in a time of 54.72, while Alex Smith was second in the one mile in a time of 5:13.44.

Both the Boys and Girls teams will be back in action next Tuesday when they host Notre Dame Academy and Whittier Tech.

## BASEBALL

After getting off to an 0-3 start to their season, the Shawsheen Tech Baseball team turned things around with two wins this past week, defeating non-league rival Blue Hills Regional 5-4 last Wednesday and following that up with a 13-8 win over

Commonwealth Athletic Conference rival Nashoba Tech on Thursday.

Last Wednesday's win over Blue Hills was a thriller as

the Rams, trailing 4-3 in the bottom of the sixth got a two out single from Connor McGuire to take the lead and then held on for the dramatic 5-4 victory to pick up their first win of the season.

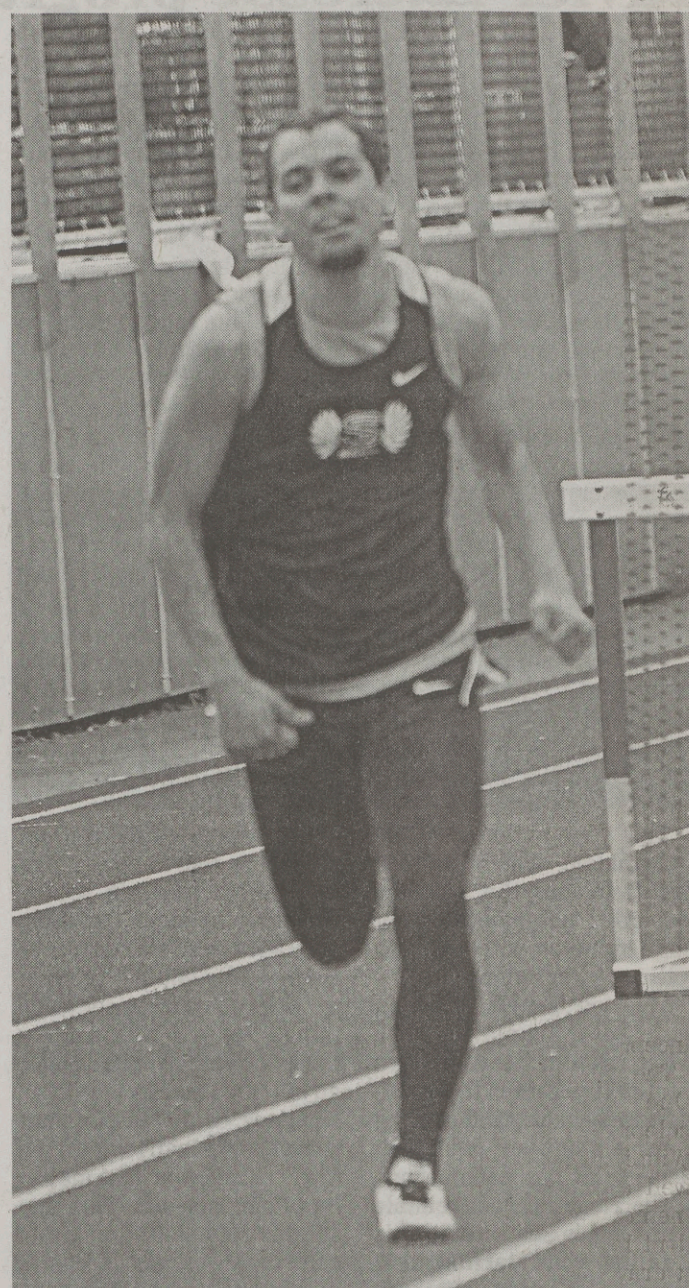
"It was great to break into the win column and get that first one," Shawsheen coach Brian McCarthy said. "Especially with a young team, you don't want that hanging over you for too long, otherwise the guys will start to press and panic. They battled hard that day. It was a back and forth game, so it was great to see them fight for the win."

In addition to the late inning heroics, the Rams also got an outstanding pitching performance from senior right-hander C.J. Zemetres of Tewksbury, who struck out nine, and allowed five hits and just one earned run in going the distance. McCarthy felt that Zemetres performance was particularly crucial in a game where the Rams made a few miscues along the way.

"It was a little sloppy defensively that day for both teams. We were able to put some runners on base, take advantage of some of their defensive miscues, then come up with some timely base hits to take the win," McCarthy said. "C.J. pitched well that day too, kept us in the game and kept their hitters off-balanced. When the defense behind him made some costly mistakes... he was able to minimize damage and get us off the field."

"We gave up an early unearned run in the first, then C.J. hunkered down and shut them down for the next three innings before both teams started to capitalize off defensive mistakes. He got stronger as the day went on. When we finally took the lead in the sixth C.J. came out in the seventh and shut the door definitively. He was on that day for sure."

Also on that day, and for the entire week for the Rams was sophomore Vinny LoGuidice, who had two hits, two runs and an RBI against Blue Hills, and then went on to add two more hits and three RBI in the win over Nashoba Tech the next day. "Vinny has come around since the start of the season and is now starting to drive the ball to all fields. He's been solid for us in the lineup. CJ and Vinny have been a nice combo to have. They both pitch and play shortstop, so, usually, they are swapping positions with each other from game to game and it has been working well. Vinny came up



Shawsheen's Josiah Martinez of Wilmington competes in the 400-meter hurdles during Tuesday's home meet victory.  
(photo by Jim Vaiknoras).

with some big hits throughout the week and drove in some runs to pace the offense. We're hoping he can stay hot, as we have some big games coming up over these next two weeks."

Also coming up big for the Rams this week was junior DJ Williams of Tewksbury who had three hits, two runs and an RBI in the Rams 13-8 win over Nashoba Tech on Thursday.

"DJ has been a nice addition to the team this year. He's played some games at third base and others as our DH," McCarthy said. "But either way, he's been hitting the ball well for us out of the four spot in the lineup. These last two games, he's been hot. He's been on base a number of times, scored a handful of runs and knocked in a few big ones for us too. He's a hard working kid, and it's great to see that hard work pay off as this season has gotten underway"

Also playing well for the Rams in their win over Nashoba Tech was sophomore Cam Rich who had three hits, two runs and three RBI, while also pitching two scoreless innings.

McCarthy was happy to see his team break into the win column, but he knows that they must continue to improve if they hope to win consistently.

"The two wins were big to get over vacation week," McCarthy said. "As I mentioned, with a young team you really want to see some success early, so the team doesn't start to press too much. It was two big wins for us and helped settle some nerves. Moving forward, we've got to seize on that momentum and take it into these next few weeks where we have some big league games coming up. The team is working hard to get better every day, so we hope to see it pay off."

The Rams took on Lynn Tech on Wednesday with the results of that game unavailable as of press time and will be back in action on Friday when they host CAC rival Greater Lawrence on Friday, before traveling to Minuteman next Tuesday.

## BOYS LACROSSE

The Shawsheen Tech Boys Lacrosse team had been rolling through opponents in the early going of the season prior to last Tuesday's matchup with non-league rival Dracut, when they suffered a 14-2 road loss to the Middies, handing them their first loss of the season after five straight victories.

That loss however, did little

to dampen the spirits of the Rams, who bounce back nicely on Monday, returning home to the Charles H. Lyons Athletic Complex and coming away with a 15-1 rout of CAC rival Mystic Valley.

There is still some work to be done for the Rams however. Shawsheen coach Chuck Baker, while happy with the win, and certainly happy to see his team sporting a 6-1 record, knows they will have to be better in the weeks going forward.

"It was good to get a win, but I would have rather have played well against an opponent like Dracut," Baker said. "The league is very down this year, so games like yesterday (Mystic) I feel are not getting us where we will need to be for the tournament. But again, the win was good. Wednesday will be a whole different game as Essex is a very good league opponent."

Senior attack Owen Sullivan led the way offensively for the Rams with six goals, giving him 23 goals on the season. The Rams also got another strong game from junior midfielder Conor Rooney of Wilmington who had four goals. Rooney had also scored the only two goals of the game for the Rams against Dracut and now has a team high 27 tallies on the season.

"Conor has been one of the few guys that shows up every day whether for practice or a game," Baker said. "He works very hard in the off season whether on the field or in the gym. He is off to a great start."

Sophomore attack Dan Lee of Tewksbury, who is normally a midfielder, chipped in three goals for the Rams, giving him ten on the season to go along with six assists.

"We have had to call on Dan to fill a spot at attack and he has adapted very well and is doing a great job at X," Baker said. "He is getting on the board numerous times each game as he gains confidence."

Sophomore goalie Jonah Varallo had eight saves to pick up the win after making 18 saves in the loss to Dracut.

As Baker mentioned, the Rams were back in action on Wednesday when they hosted CAC rival Essex tech, with the results of that game unavailable as of press time. Following that game, they will hit the road for a rematch with Mystic Valley on Friday, before taking on Whittier Tech in another road game next Monday.



Shawsheen's Hayleigh Perry of Tewksbury competes in the two-mile during Tuesday's home meet.  
(photo by Jim Vaiknoras).

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## Ninth annual Kim Forte Memorial Walk/Run 5K event just two weeks away

The annual WOW 5K Run for Wilmington & Kim Forte Walk will be held this Sunday May 5, 2019 at 11am. This is the 9th year of this race and its popularity has remained strong since its

Coulouris Memorial Scholarship, which is awarded to a college-bound senior based on a demonstrated passion for the mental and physical health and welfare of humans or animals.

have been exceptionally generous this year and we are grateful for their continued support. We couldn't do it without their help. This generosity will continue to allow us to 'strengthening our community one good deed at a time' - which is our mission."

Kim Forte's husband Lou adds, "The Forte family is grateful and humbled by the amount of support, generosity and love shown by family, friends and neighbors in the community of Wilmington. Through all the support and generous donations we have been able to continue Kim's legacy of spreading help to those in need. We just presented our scholarship to a student attending Middlesex Community College. I'm so proud to be able to continue one of Kim's goals".

Participants can pre-register at <http://onewilmington.org/events/5k-road-race/>

Entry fees are \$25 for Adults and \$15 for Children under 16 for advance registration up to May 2. Race weekend race registration fees are \$30 for Adults and \$20 for Children under 16. Packet pick-up takes places at the 4th of July Building on Wilmington Town Common Fri. 5/3, 3-8pm • Sat. 5/4, 9am-4pm • Sun. 5/5, 8-10:45am

Organizers are also welcoming additional sponsorship - no contribution is too small. Interested parties are urged to visit <http://onewilmington.org/events/5k-road-race/sponsorship/>.

Wilmington organizations wishing to take part in a noteworthy program and volunteer their time are encouraged to sign up at [http://onewilmington.org/get-involved/?sheet\\_id=11](http://onewilmington.org/get-involved/?sheet_id=11)

Any race questions can be directed to Nancy Lively at [wow5k@onewilmington.org](mailto:wow5k@onewilmington.org)



KIM FORTE

inception in 2010.

The race, hosted by We're One Wilmington (WOW), celebrates the outstanding Wilmington community as well as commemorates the memory of Wilmington-resident Kim Forte. Each year it draws intense enthusiasm from the community.

The proceeds from the race enable WOW to award \$8,000 in scholarships annually to graduating seniors. One scholarship, named after Kim Forte, is gifted to a graduating Wilmington student who will be attending Middlesex Community College.

The other scholarships include (2) community service scholarships presented to students demonstrating a commitment to community service, and our Janet

Along with the scholarship program, runners who pre-register personally choose a Wilmington-based charity to receive a portion of their entry fee, giving runners direct control over where their money will be heading. All proceeds raised go back to the community that Forte loved, allowing her memory to continue through the generosity and service of others.

WOW Race Director and Co-Treasurer Nancy Lively is especially excited for this year's race. "Our race is typically held in April but this year, due to the Roman Catholic and Greek Orthodox Easters, it is being held in May. We have spent months preparing for this great family event.

"Our community sponsors

## Where's the Action?

Day	Date	Sport	Opponent	Time
<b>Tewksbury High Sports</b>				
Thursday	April 25	V Boys Lacrosse	vs Bedford	3:45 pm
Thursday	April 25	V Boys Tennis	vs Methuen	3:45 pm
Thursday	April 25	V Baseball	vs Dracut	3:45 pm
Friday	April 26	V Girls Tennis	vs Haverhill	3:45 pm
Friday	April 26	V Softball	at Dracut	3:45 pm
Friday	April 26	V Girls Lacrosse	vs Billerica	3:45 pm
Friday	April 26	V Baseball	at Haverhill	4:00 pm
Friday	April 26	V Boys Lacrosse	at Billerica	6:00 pm
Saturday	April 27	B/G Track	State Relay Meet	TBA
Monday	April 29	V Girls Tennis	at Chelmsford	3:45 pm
Monday	April 29	V Baseball	at Chelmsford	3:45 pm
Monday	April 29	V Softball	at Central Catholic	3:45 pm
Monday	April 29	V Boys Tennis	at Central Catholic	3:45 pm
Tuesday	April 30	V Boys Lacrosse	vs Methuen	3:45 pm
Tuesday	April 30	V Girls Lacrosse	at Methuen	4:00 pm
Wednesday	May 1	V Girls Tennis	at Methuen	3:45 pm
Wednesday	May 1	V Girls Lacrosse	at Bedford	3:45 pm
Wednesday	May 1	V Boys Tennis	vs Lawrence	4:00 pm
Wednesday	May 1	V Softball	vs Methuen	6:00 pm
Thursday	May 2	V Girls Lacrosse	vs Central Catholic	3:45 pm
Thursday	May 2	V Boys Lacrosse	at Central Catholic	6:30 pm
<b>Wilmington High Sports</b>				
Thursday	April 25	V Baseball	vs Burlington	4:00 pm
Thursday	April 25	V Softball	vs Burlington	4:00 pm
Thursday	April 25	V Girls Lacrosse	vs Melrose	4:00 pm
Thursday	April 25	V Girls Tennis	at Wakefield	4:00 pm
Thursday	April 25	V Boys Tennis	vs Wakefield	4:00 pm
Thursday	April 25	V Boys Lacrosse	at Melrose	4:15 pm
Saturday	April 27	B/G Track	State Relay Meet	TBA
Monday	April 29	V Baseball	vs Wakefield	4:00 pm
Monday	April 29	V Softball	vs Wakefield	4:00 pm
Monday	April 29	V Girls Tennis	vs Stoneham	4:00 pm
Monday	April 29	V Boys Tennis	at Stoneham	4:00 pm
Tuesday	April 30	V Boys Tennis	at Billerica	4:00 pm
Tuesday	April 30	V Girls Lacrosse	at Burlington	4:00 pm
Tuesday	April 30	V Boys Lacrosse	vs Burlington	4:15 pm
Wednesday	May 1	V Baseball	at Stoneham	4:00 pm
Wednesday	May 1	V Softball	at Stoneham	4:00 pm
Wednesday	May 1	B/G Track	at Stoneham	4:00 pm
Wednesday	May 1	V Girls Tennis	vs Watertown	4:00 pm
Wednesday	May 1	V Boys Tennis	at Watertown	4:00 pm
Thursday	May 2	V Softball	at Newburyport	4:00 pm
Thursday	May 2	V Girls Tennis	at Winchester	4:00 pm
Thursday	May 2	V Boys Tennis	vs Winchester	4:00 pm
Thursday	May 2	V Girls Lacrosse	at Winchester	4:15 pm
Thursday	May 2	V Boys Lacrosse	vs Winchester	4:15 pm
<b>Shawsheen Tech Sports</b>				
Thursday	April 25	V Tennis	vs Fellowship	4:00 pm
Friday	April 26	V Baseball	at Gr. Lawrence	4:00 pm
Friday	April 26	V Boys Lacrosse	at Mystic Valley	4:00 pm
Monday	April 29	V Tennis	vs Gr. Lowell	4:00 pm
Monday	April 29	V Boys Lacrosse	at Whittier Tech	4:00 pm
Monday	April 29	V Girls Lacrosse	vs Whittier Tech	4:00 pm
Tuesday	April 30	V Baseball	at Minuteman	4:00 pm
Tuesday	April 30	V Track	vs NDA/WT	4:00 pm
Tuesday	April 30	V Softball	at Gr. Lawrence	4:00 pm
Wednesday	May 1	V Tennis	vs Minuteman	4:00 pm
Wednesday	May 1	V Girls Lacrosse	at Nashoba Tech	4:00 pm
Thursday	May 2	V Baseball	at Gr. Lowell	4:00 pm
Thursday	May 2	V Softball	at NDA	4:00 pm

## Herb Chambers



PORSCHE

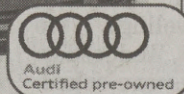
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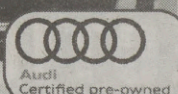
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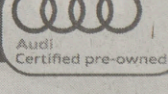
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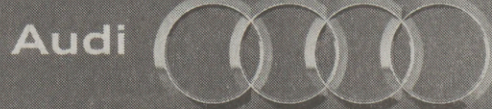
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## WHS Sports Round-Up

## Moran dominant again in the circle

FROM PAGE SP1W

loss to Danvers. In the loss to Triton, the Wildcats were led by two goals each from senior midfielder Lexi Williams, sophomore midfielder Ida Bishop and Foley. Collins, along with junior attacks Shannon Barrett and Jessie McCullough had one goal each.

The Wildcats found themselves trailing 4-0 in the early going of this one before fighting back to close within 5-4 late in the first half before Triton scored at the buzzer to take a 6-4 lead into the break. The Wildcats would keep battling into the second half, taking a 7-6 lead at one point and then finding themselves deadlocked at 9-9 late in the third quarter before Triton took over.

"We started off very slow, but we settled down a little and got back into the game," Manchester said. "The first eight minutes of the game were awful, but we played very well over the next 30 minutes and then they just kind of took control over the last 12 minutes. But overall I thought we played very

well. We left the field very energized, but then we went out on Friday and played our worst game of the season against Danvers."

Against Danvers, the score may have only been 17-9, but Manchester felt his team could have played much better after falling behind early in the game by a score of 3-0 only to come back and tie the game at 3-3 before Danvers dominated the rest of the first half to go to the break holding a 12-5 lead.

Collins powered the Wilmington offense with three goals, while Williams had two, and Foley, Bishop, Barrett and Sam Burke had one each.

The Wildcats will be looking to return to the win column on Thursday afternoon when they host Middlesex League rival Melrose, before traveling to Burlington next Tuesday afternoon.

## SOFTBALL

The strong start to the season continued for the Wilmington High School Varsity Softball team. This past week the Wildcats first

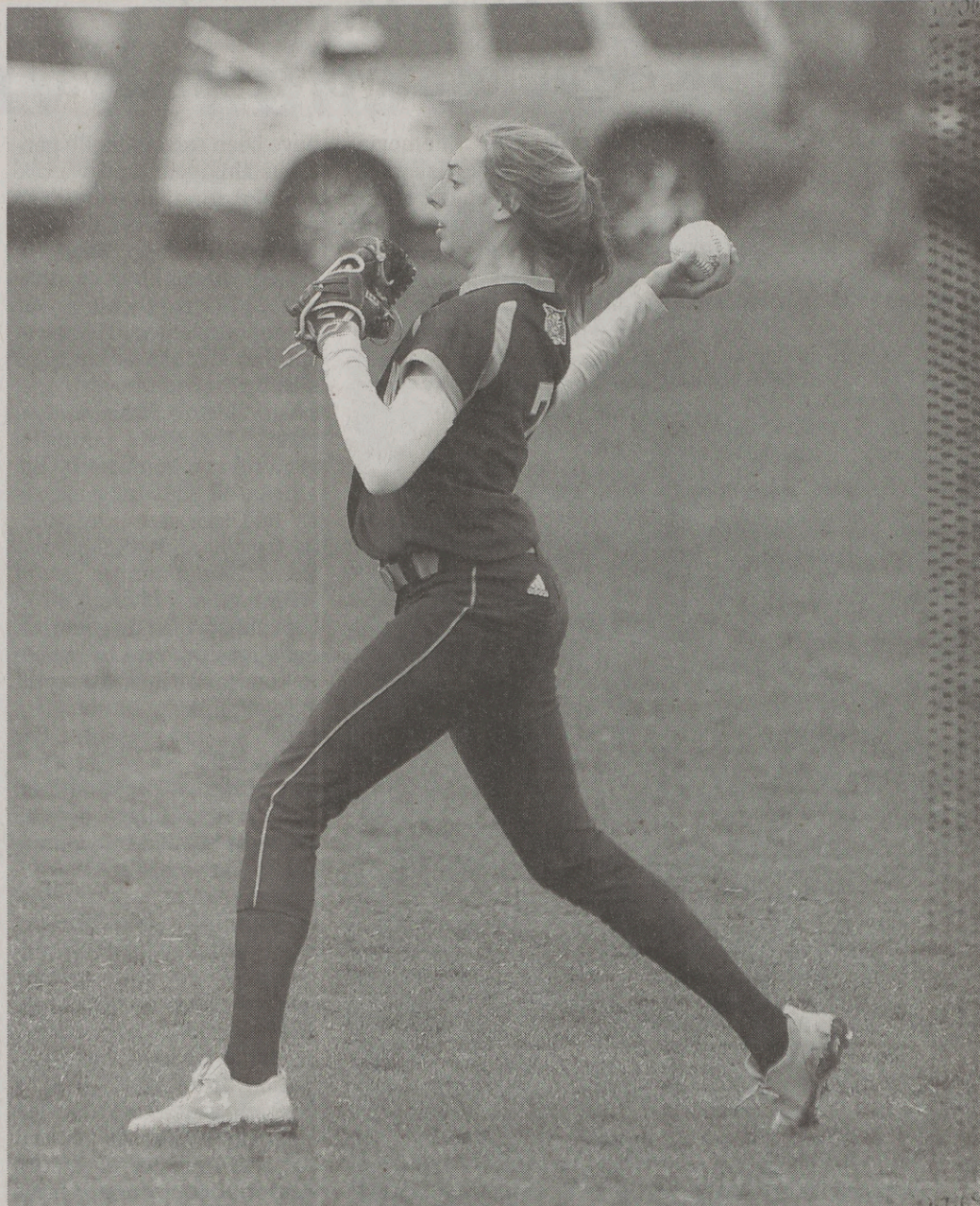
blanked Belmont, 9-0, last Wednesday, before coming back a day later and losing a heartbreaking, 6-5, 9 inning game to Reading.

The 1-1 week puts Wilmington at 2-1 on the season. The team's game on Monday against Newburyport was cancelled due to the inclement weather and moved to Thursday, May 2nd.

In the win over Belmont, senior Ally Moran, who next year will be playing for Framingham State, was dominant as she went the distance, tossing a one-hit shut out while striking out ten.

"Ally was dominant in the win striking out ten or more for the second straight game," said head coach Audrey Cabral-Pini. "She also did a great job with her defense registering three putouts of her own. Once again we played a clean game defensively."

Wilmington's bats were alive from the beginning as the team scored five runs in the bottom of the first inning, allowing Moran to relax a bit. Kayla Bourrell



Gianna Brunetto fields the ball and is about to throw it back to the infield during the WHS Varsity Softball team's game against Reading held this past week.

(photo by Jim Vaiknoras).



Alexa Williams puts a move on a Triton player during last Thursday morning's non-league game held at WHS.

(photo by Bob DeChiara).

started the rally with a single and later on Ryan Bailey delivered a two-run single as part of the highlights.

The lead expanded in the third as the 'Cats scored two more and then added two more in the sixth to close out the scoring. Ashley Crawford delivered a two-run double in the third and then pinch-hitter Cassidy Ross delivered a two-run hit in her first varsity at-bat to break the game wide open.

Bailey and Crawford each had two hits, while defensively Crawford threw out a runner trying to steal.

In the loss to Reading,

Wilmington jumped out to a quick 2-0 lead in the top of the first as Ally Moran and Bella Kieran each drove in a run. Reading got one in the home half and the score remained that way until the top of the third as the 'Cats added two runs. Kacie Bourrell started the inning reaching base by a walk and she moved to second when her sister Kayla beat out a bunt. Moran then followed with a two-run double, making it 4-1.

Reading was able to get one back on a solo home run, making it 4-2 after three.

Both teams added single runs and Wilmington was ahead 5-3 going to the bottom of the sixth before several defensive miscues helped the Rockets score a pair of runs to tie the game up at 5-5. The Rockets then scored in the bottom of the ninth to come away with the win.

"Today we saw some things that we have to work on, but overall it was a good effort by both teams," said Cabral-Pini. "Both pitchers were the victims of wildness due to the cold and the rain."

Wilmington faced Melrose on Tuesday with results not known as of presstime. The 'Cats will be home for their next two games with Burlington on Thursday and Wakefield on Monday, before traveling to Stoneham next Wednesday. All three games are scheduled to begin at 4:00 pm.

## GIRLS TENNIS

The results may not have been what they were looking for, but the Wilmington High Girls Tennis team was able to take plenty of positives out of their 4-1 road loss to Middlesex League rival Burlington on Tuesday afternoon.

The Wildcats know that if they want to achieve their goal of capturing the Middlesex League Freedom Division title, they will have to beat Burlington in order to do so. And while they didn't accomplish that this time around, Wildcats coach Matt Hackett still liked what he saw from his team.

"I thought we played outstanding," Hackett said. "We really showed some fight today. Obviously this is one we really wanted for many reasons, but Burlington was excellent."

Senior captain Lia Kourkutos picked up the only win of the day for the Wildcats, taking her third singles match by a score of 6-4, 6-0.

"Lia just cruised," Hackett said. "I think she was finding her footing a little bit in the first set, but once she got on a roll, she just dominated."

The Wildcats were not as fortunate in their other two singles matches, despite playing well in both matches. Senior captain Emily Hill was especially impressive in her first single match, although she ultimately ended up on the short end of a 7-6 (7-4), 6-3 score, falling to Burlington's Madison Metzdorf.

"Emily played some of the best tennis of her career," Hackett said. "Emily has quite a history with her opponent. She has played her many times and she has not been able to beat her. But today she really pushed her. She was really in control of large portions of the match, but eventually Madison was able to hold her off. But I was really proud of her effort."

Junior Carolyn Roney also played very well while dropping a 7-5, 3-6, 6-2 decision in second singles.

"The match really could have gone either way," Hackett said. "Carolyn was down early in the first set, but she came back to take a 5-4 lead before ultimately coming up short. She really controlled the points in the second set, but in the third set her opponent just pulled it out. But I have all the faith in the world that she can beat her the next time she faces her."

The Wildcats dropped both doubles matches, with senior captain Jess D'Arco and sophomore Lauren D'Arco dropping 6-4, 6-1 decision, while the second doubles team of sophomores Johanna Robinson and Jessica Murray battled for three sets before falling 1-6, 6-2, 6-1.

"I thought both doubles teams played very well," Hackett said. "In second doubles, they played a great first set, but eventually their opponents just took over."

The Wildcats will see Burlington again later this season when the Red Devils travel to Wilmington, and Hackett is looking forward to seeing what his team can do in the rematch. He is also hoping to see more of the same type of play he saw against Burlington against the other teams on the Wildcats schedule.

"We were disappointed we couldn't get this one, but hopefully it gives our kids confidence for the next time we face them," Hackett said. "I told the girls that if we play like this, there will be a lot more wins to come. If we play at this level, we will dominate some opponents."

The Wildcats will look to get back in the win column on Thursday when they travel to Wakefield High School, before hosting Stoneham next Monday afternoon.

Daily Times Chronicle

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## Spring HOME IMPROVEMENT

Part Two

SPECIAL SECTION

Published the Week of  
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In Wilmington or Tewksbury call Paul Rich or Bruce Hilliard at 617-939-6870



## Into Action Recovery to host third annual Golf Tournament, June 19th

The third annual Into Action Recovery Golf Tournament will be held on Wednesday, June 19th at the Tewksbury Country Club, located at 1880 Main Street in Tewksbury. Registration starts at 7 am. The cost is \$125 per golfer which includes 18 holes of golf, carts, coffee, a BBQ Lunch, raffles, prizes, a goody bag, a shirt and other competitions.

Thus far the raffle donations include: Tewksbury Redmen cornhole set, a gas grill, Red Sox Tickets, Invisawear, Espresso Machine, Ladies bicycle, Big Red Chair, Hand crafted entry way bench, a golf bag, bistro set, TV, and TCC gift card and golf locker.

There is a \$20 fee for non golfers who attend the luncheon.

If you are interested in

signing up for the golf event, or attending the luncheon, you may call 978-273-6722 or send an email to: infoactionrecovery2015@gmail.com.

Into Action Recovery, Inc. is a non-profit organization initiated by a group of concerned parents, family members, citizens and recovering addicts in an effort to help fight the opiate epidemic in our community.

## Astros face Pirates in little league opener

### AAA Astros vs Pirates

The Astros started the year off on the right foot, getting contributions from every single player during the opening week of Wilmington Little League.

John Roofe and Tony Cummings were outstanding on the mound, each striking out four in two innings. Cael Considine and Joe Fennelly were just as strong, striking out three in each of their innings. Considine was on base three times, scoring two runs. Roofe, Fennelly, and Andrew Santo scored as well.

The team was busy on the

basepaths all game as Roofe (2), Santo, Cummings, and Kevin Pruslin all had hits. Connor Jaimeson, Kyle Price and Owen Wills also found ways to get on base. Patrick Moriarty, Fennelly, and Dylan Costantiello did a great job catching two innings each.

The Astros strong fielding was critical in limiting the Pirates' offense as Jake Gryglik and Aidan Raposa were two of many players who made plays or were well-positioned to limit the Pirates from taking extra bases.

It was a very encouraging start to the season for the

team!

The Pirates put forth a strong effort in their first game despite the loss. Their pitching performances, which were comprised of Spencer Walker, Aiden Harris, and Jackson Cipolle, were stellar. In addition, the team's defensive play, spearheaded by the two catchers, Max Glazer and Max Snapsausky, was great.

The key offensive play was when Spencer Walker broke up the shutout in the 5th inning by singling home Adam Ientile.



Patrick Rosemond of the TMHS Boys Lacrosse team, has possession of the ball and looks to make a pass during an earlier season home game. (photo by Bob DiChiara).

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Patrick Rosemond of the TMHS Boys Lacrosse team, has possession of the ball and looks to make a pass during an earlier season home game. (photo by Bob DiChiara).

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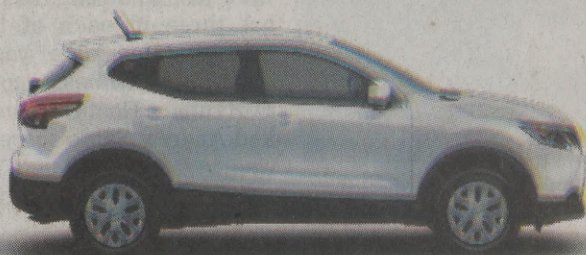
**LEASE FOR**  
**\$99** **0% APR**  
for 60 Months in lieu of rebate  
Per Month | 36 MONTHS!  
\$2999 cash or trade down

**BUY FOR \$16,576**

MSRP: \$19,550. Lease based on sale price of \$19,076. Kelly Savings: \$3,004. Vin: 3N1AB7AP1K1Y240544.

### 2019 NISSAN ROGUE SPORT S AWD

Backup Camera, Bluetooth, Sirius XM, Auto Emergency Braking and more!



**LEASE FOR**  
**\$109** **0% APR**  
for 60 Months in lieu of rebate  
Per Month | 24 MONTHS!  
\$2999 cash or trade down

**BUY FOR \$22,103**

MSRP: \$25,485. Lease based on selling price of \$24,103. Kelly Savings: \$3,382. Vin: JN1BJ1CR9KW624940.

### 2019 NISSAN ALTIMA 2.5 S AWD

Apple CarPlay, Auto Emergency Braking, Remote Engine Start, NissanConnect 8 Touch Screen, Streaming Audio, Bluetooth and much more!



**LEASE FOR**  
**\$139** **0% APR**  
for 36 Months at this price  
Per Month | 36 MONTHS!  
\$2999 cash or trade down

**BUY FOR \$22,766**

MSRP: \$26,560. Lease based on sale price of \$24,786. Kelly Savings: \$3,784. Vin: 1N4BL4BW6K182156.

### 2019 NISSAN ROGUE S AWD

Apple CarPlay, Bluetooth, Auto Emergency Braking, Blind Spot Warning, Backup Camera and more!



**LEASE FOR**  
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for 60 Months in lieu of rebate  
Per Month | 36 MONTHS!  
\$2999 cash or trade down

**BUY FOR \$23,915**

MSRP: \$27,930. Kelly Savings: \$4,015. Lease based on selling price of \$26,415. Vin: KNMAT2M7KPS37613.

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MSRP: \$34,995. Kelly Savings: \$6,945. Vin: 1N4AA6AP1K1C409743.

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**BUY FOR \$29,175**

MSRP: \$34,590. Lease based on sale price of \$32,175. Kelly Savings: \$5,415. Vin: 5N1DR2MM7K1C06057.

\*On select models. All leases 12,000 miles per year. 1st payment, acq. fee, tax, title, reg. admin fees additional. Offers include Kelly discount and all available Nissan rebate(s). In stock models only. NMAC credit approval required. 0% APR in lieu of rebate with credit approval. Sale Ends 4/30/2019.

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### 2016 Hyundai Accent SE

Stock #3150A



**\$10,347**

### 2016 Nissan Sentra SV

Moonroof, rear camera, bluetooth. Stock #3261



**\$12,757**

### 2017 Toyota Camry LE

Rear camera, bluetooth. Stock #3273



**\$14,688**

### 2018 Nissan Versa Note

Rear camera, bluetooth. Stock #3324



**\$14,888**

### 2017 Nissan Sentra SR

Sunroof, heated seats, bluetooth, rear camera. Stock #3320



**\$14,988**

### 2017 Nissan Juke SV

AWD, sunroof, bluetooth, heated seats. Stock #3252



**\$16,442**

### 2014 Nissan Murano S AWD

Bluetooth. Stock #3292



**\$16,398**

### 2017 Nissan Rogue SV

Navigation, heated seats. Stock #3245



**\$17,230**

### 2018 Nissan NV200

Rear camera, bluetooth. Stock #3272



**\$16,988**

### 2015 Nissan Murano SL AWD

Nav, moonroof, heated leather seats. Stock #3285



**\$24,485**

### 2016 Nissan Murano SL AWD

Navigation, moonroof, heated leather seats. Stock #3303



**\$24,457**

### 2017 Nissan Maxima Platinum

Navigation, moonroof, heated leather. Stock #3323



**\$25,909**

ALL CERTIFIED PRE-OWNED NISSAN VEHICLES INCLUDE A REBATE FOR FINANCING WITH NISSAN MOTOR ACCEPTANCE CORP WITH APPROVED CREDIT. Tax, title, reg. admin fees additional. In stock models only. Ends 4/30/2019. Se Habla Español. Falamos • Portugues



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